

**G** adverbs of frequency **V** a typical day **P** /y/ and /yu/, sentence rhythm

# 1 VOCABULARY a typical day

## a Complete the verb phrases.



1 get \_\_\_\_\_ up



2 f \_\_\_\_\_  
work



3 g \_\_\_\_\_  
shopping



4 t \_\_\_\_\_ a  
shower



5 d \_\_\_\_\_  
housework



6 m \_\_\_\_\_  
dinner



7 w \_\_\_\_\_ TV



8 g \_\_\_\_\_ to  
bed

## b Write the words in the chart.

to bed breakfast a coffee dinner home  
lunch a sandwich to school to the gym to work

have	go
breakfast	to bed

## c Complete the text with the correct verbs.

do finish get up go (x4) have (x3) watch

I'm Mike, and I'm a factory worker. I work at night and I sleep during the day. I <sup>1</sup>finish work at eight o'clock in the morning, and then I <sup>2</sup>\_\_\_\_\_ home and I <sup>3</sup>\_\_\_\_\_ to bed. I <sup>4</sup>\_\_\_\_\_ at about four o'clock in the afternoon, and I <sup>5</sup>\_\_\_\_\_ a big breakfast — eggs, potatoes, sausages, and of course, a lot of coffee! Then I <sup>6</sup>\_\_\_\_\_ to the gym after breakfast, then I <sup>7</sup>\_\_\_\_\_ a shower and I <sup>8</sup>\_\_\_\_\_ TV. At seven o'clock in the evening, I <sup>9</sup>\_\_\_\_\_ dinner. Then I <sup>10</sup>\_\_\_\_\_ to work again.



# 2 PRONUNCIATION /y/ and /yu/, sentence rhythm

## a 6.3 Listen and check (✓) the words that have the /y/ sound.

1 yellow	✓	6 easy	
2 factory	X	7 boy	
3 young		8 your	
4 yogurt		9 gray	
5 ugly		10 yes	

## b 6.3 Listen again and repeat the words.

## c 6.4 Listen and check (✓) the words that have the /yu/ sound.

1 usually	✓	6 number	
2 umbrella	X	7 beautiful	
3 study		8 future	
4 university		9 newspaper	
5 uniform		10 hurry	

## d 6.4 Listen again and repeat the words.

e 6.5 Listen and complete the sentences.

- 1 I start work at at nine in the morning.
- 2 She quarter coffee ten.
- 3 They sandwich café.
- 4 finish work six thirty.
- 5 housework weekend.
- 6 watches TV evening.

f 6.5 Listen again and repeat. Copy the rhythm.

### 3 GRAMMAR adverbs of frequency

a Rewrite the sentences. Use the words in parentheses.

- 1 I get up early. (always)  
I always get up early.
- 2 Yasmin goes to school by bus. (usually)
- 3 You do housework. (never)
- 4 They have fish for dinner. (sometimes)
- 5 Andy has lunch at home. (always)
- 6 I watch TV in the morning. (never)
- 7 We go shopping on weekends. (sometimes)
- 8 They have coffee for breakfast. (usually)

b Look at the chart and complete the sentences.

✓✓✓✓ = always  
✓✓ = usually  
✓ = sometimes  
x = never



	Diego	Jen
go to the gym	x	✓✓✓✓✓
read magazines	✓	✓✓✓
watch soccer on TV	✓✓✓✓✓	✓
get up early	✓✓✓	x

- 1 Diego never goes to the gym.
- 2 He  magazines.
- 3 He  soccer on TV.
- 4 He  early.
- 5 Jen  to the gym.
- 6 She  magazines.
- 7 She  soccer on TV.
- 8 She  early.

c Write about your typical evening. Use adverbs of frequency.

I always make dinner for my family. We usually eat at 7:00.

### 4 WORDS AND PHRASES TO LEARN

Complete the conversations with a word or phrase from the list.

Are you a morning person every morning feel tired  
He gets up about 8:00 on the way to work  
What time do you get up

- 1 A Are you a morning person?  
B Yes, I get up at 6:00 every day.
- 2 A ?  
B I usually get up about 9:30. I don't get up early.
- 3 A What time does Harry get up?  
B .
- 4 A What do you do ?  
B I usually read a magazine on the bus.
- 5 A What do you have for breakfast?  
B I have cereal and orange juice  
.
- 6 A Why do you go to bed at 8:30? It's very early.  
B Because I always  after work.