**Adverbs of frequency: Activity 1**

Read Grammar bank 6B. Order the words to complete the sentences. For example, "drink never coffee I", *I never drink coffee*. Listen and check.

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| Grammar bank  **6B adverbs of frequency**  I **always** have breakfast. They **usually** finish work at 5:00. She **sometimes** watches TV in the evening. He **never** eats meat. Does she **usually** go shopping on Saturday? What time do you **usually** get up?  • Be careful with the position of adverbs of frequency:   *I always have breakfast.* **NOT** *Always I have breakfast. I have always breakfast.*   *Does she usually go shopping on Saturday?* **NOT** *Does usually she go shopping on Saturdays? Usually does she go shopping on Saturday?* • With *never*, we use a [+] verb: *He never eats meat.***NOT** *He doesn't never eat meat.* |

|  |  |
| --- | --- |
| 1.  husband goes my sometimes  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the gym.  2.  take always I  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ a shower in the morning.  3.  usually we have  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ breakfast at home.  4.  go I never  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to bed before midnight.  5.  usually go they do \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to work by bus?  6.  Daniel has sometimes  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ a sandwich for lunch.  7.  close the does restaurant usually  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ late?  8.  goes she never  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ shopping after work.  9.  usually I do  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ my homework on the weekend.  10.  sometimes make I  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ fish for dinner. |  |

**Adverbs of frequency: Activity 2**

Read Grammar bank 6B. Complete the sentences in the present simple. Use a verb from the list and the adverb in (parentheses). Listen and check.

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| Grammar bank  **6B adverbs of frequency**  I **always** have breakfast. They **usually** finish work at 5:00. She **sometimes** watches TV in the evening. He **never** eats meat. Does she **usually** go shopping on Saturday? What time do you **usually** get up?  • Be careful with the position of adverbs of frequency:   *I always have breakfast.* **NOT** *Always I have breakfast. I have always breakfast.*   *Does she usually go shopping on Saturday?* **NOT** *Does usually she go shopping on Saturdays? Usually    does she go shopping on Saturday?* • With *never*, we use a [+] verb: *He never eats meat.***NOT** *He doesn't never eat meat.* |

|  |  |
| --- | --- |
| do    drink (x2)   have   finish   get   go   take (x2)   speak    watch |  |

**1**Alex \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ to bed very late.  (sometimes)  
**2**We \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ housework on the weekend. (always)  
**3**  Do you \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ lunch at home on the weekend? (usually)  
**4**I \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ a bath, I \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ a shower. (never, always)  
**5**I \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ English at work. (never)  
**6**We \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ TV after dinner. (sometimes)  
**7**I \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ coffee in the evening. (never)  
**8**Does your husband \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ work at 7:30 p.m.? (usually)  
**9**We \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ tea with milk, but I prefer it with lemon. (sometimes)

**A typical day: Activity 1**

Listen and read. Match the pictures to the correct phrases.

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**A typical day: Activity 2**

Look at the pictures and choose the correct answers.

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| --- | --- |
| 1. have dinner / breakfast / lunch |  |
| 2. finish shopping / housework / work |  |
| 3. go gym / home / shopping |  |
| 4. go shopping / dinner / gym |  |
| 5. go to the bath / gym / bed |  |

**A typical day: Activity 3**

Listen and look at the pictures. Choose the correct phrases.

|  |  |  |
| --- | --- | --- |
| 1.   * + finish work   + make dinner |  |  |
| 2.   * + go shopping   + have dinner |  |  |
| 3.   * + do housework   + do homework |  |  |
| 4.   * + watch TV   + listen to the radio |  |  |
| 5.   * + take a shower   + take a bath |  |  |
| 6.   * + go to bed   + get up |  |  |
| 7.   * + go to the gym   + go to gym |  |  |
| 8.   * + go to work   + go to the work |  |  |

**/y/ and /yu/**

Match the sound pictures to the correct words. Then listen and repeat.

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**Sentence rhythm**

Listen and read. Then say and record. Copy the rhythm.

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| 1.**What time** do you **usually have lunch**? |  |
| 2.At **half past one**. |  |
| 3.**What time** do you **usually have dinner**? |  |
| 4.At about **eight** o’**clock**. |  |
| 5.**What time** do you **usually go** to **bed**? |  |
| 6.At **half past eleven**. |  |

**The life of a ballet dancer: Activity 1**

Read and listen. Choose the correct answers.

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| **In ballet you need to be perfect.**  Ivan Vasiliev is a Russian ballet dancer. He is the principal dancer with the American Ballet Theater.  I live in an apartment in St. Petersburg with my girlfriend. I usually get up at about nine and then I take a shower. In my job I often stay in hotels. When you take a shower in the morning in a hotel you can leave your towel on the floor. I love that!  I always have a good breakfast, and I love eggs. When I am very hungry, I sometimes eat five. I like sausages too.  Classes start at 10:30. I practice all morning without a break. I sometimes have lunch, but not always. In the afternooon, I practice more. Of course, in ballet, you need to be perfect. Nureyev is my favorite dancer. I have a pair of his ballet shoes.  After work I want to eat. I love meat. My favorite is a big steak. No vegetables. Only steak.  In the evening we sometimes go out. Before we go out, my girlfriend looks at my clothes and she usually says: "No, Ivan. Change!" I'm not interested in clothes, but I love watches. I have seven, including a Montblanc, three Rolexes, and a Maurice Lacroix. Sometimes I don't go to bed until 1:00 or 2:00. It's often difficult to sleep. I have a lot of things in my head. |  |

1. Where does Ivan live?
   * In Moscow
   * In St. Petersburg
2. What time does he get up in the morning?
   * At about ten.
   * At about nine.
3. What does he have for breakfast?
   * Eggs and sometimes sausages.
   * Eggs but never sausages.
4. What time do classes start?
   * At 10:30.
   * At 5 o'clock.
5. Does he always have lunch?
   * Yes, he does.
   * No, he doesn't.
6. What's his favorite dinner?
   * Steak.
   * Vegetables.
7. What does he do in the evening?
   * He goes out with his girlfriend.
   * He goes shopping for clothes.
8. Why does his girlfriend say "Change"?
   * Because of his clothes.
   * Because of his watches.
9. Does he go to bed late?
   * No, never.
   * Yes, sometimes.
10. Is it always easy for him to sleep?
    * No, it isn't.
    * Yes, it is.

**The life of a ballet dancer: Activity 2**

Read the text again. Choose the correct answers.

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| **In ballet you need to be perfect.**  Ivan Vasiliev is a Russian ballet dancer. He is the principal dancer with the American Ballet Theater.  I live in an apartment in St. Petersburg with my girlfriend. I usually get up at about nine and then I take a shower. In my job I often stay in hotels. When you take a shower in the morning in a hotel you can leave your towel on the floor. I love that!  I always have a good breakfast, and I love eggs. When I am very hungry, I sometimes eat five. I like sausages too.  Classes start at 10:30. I practice all morning without a break. I sometimes have lunch, but not always. In the afternooon, I practice more. Of course, in ballet, you need to be perfect. Nureyev is my favorite dancer. I have a pair of his ballet shoes.  After work I want to eat. I love meat. My favorite is a big steak. No vegetables. Only steak.  In the evening we sometimes go out. Before we go out, my girlfriend looks at my clothes and she usually says: "No, Ivan. Change!" I'm not interested in clothes, but I love watches. I have seven, including a Montblanc, three Rolexes, and a Maurice Lacroix. Sometimes I don't go to bed until 1:00 or 2:00. It's often difficult to sleep. I have a lot of things in my head. |

1. Ivan is a ballet teacher.
   * True
   * False
2. Ivan doesn't have a girlfriend.
   * True
   * False
3. He stays in hotels because of his job.
   * True
   * False
4. Ivan practices in the mornings and afternoons.
   * True
   * False
5. He isn't hungry after work.
   * True
   * False
6. He doesn't like watches.
   * True
   * False