

1 VOCABULARY food and drink

- a Take the quiz with a partner. Add vowels to make the words.

FOOD & DRINK QUIZ

- 1 two kinds of Italian food
pzz pizza pst _____
- 2 two things you can add to coffee
mlk _____ sgr _____
- 3 a kind of food that vegetarians don't eat
mt _____
- 4 a drink you buy in a bottle
wtr _____
- 5 something cold, sweet, and delicious
c crm _____
- 6 a vegetable you can make French fries from
ptt _____
- 7 something you use to make an omelet
ggs _____
- 8 a lot of people are addicted to this sweet food
chcft _____
- 9 a snack made with two pieces of bread
sndwch _____
- 10 the three meals we usually have every day
brkfst _____ lch _____ dnnr _____

- b **V** p.163 Vocabulary Bank Food and drink

- c What's your favorite...?

breakfast dessert fruit snack vegetable

Is there any food or drink you don't like?

2 GRAMMAR countable / uncountable nouns, a / an, some / any

- a Look at the photo of blogger Nathan Wiebe's lunch. Can you name any of the things in the photo? Do you think it's a healthy lunch?
- b Look at the title. Why do you think he eats the same thing every day? Read his blog and check.

- c Read the blog again. Answer the questions with a partner.

- 1 What do Jobs, Zuckerberg, and Einstein have in common?
- 2 What are two positive things about Nathan's diet?
- 3 Does he ever get bored of it? Why (not)?
- 4 Do you think Nathan's diet is healthy?
- 5 Is there a meal where you eat the same thing every day? What?
- 6 Would you like to try wearing the same clothes or eating the same food every day? How long do you think you could do it for?

Why I eat the same thing every day

Steve Jobs, Mark Zuckerberg, and Albert Einstein have one thing in common. They all wear, or wore, more or less the same clothes every day. Why? Because if you wear the same clothes every day, you don't waste time choosing what to wear. I decided to copy them, but with my diet, so I eat the same food every day. This is what I have:

- breakfast: a cup of black coffee
- lunch: some smoked salmon, an avocado, and some cream cheese on a piece of bread
- dinner: some bacon, two eggs, some cheese, and some green vegetables



The good thing about this plan for me is that I spend less time and money buying food, and I also never need to worry if my diet is healthy or not (because I know it is). Now, you're probably thinking, "he's sure to get tired of eating the same food every day." Well, after about a year, I can promise you that I'm not. I change my meals a bit by having different kinds of cheese and using different herbs and spices. I also change the vegetables that I have for dinner.

- d Complete the sentences with *a, an, or some*.
- 1 Nathan has _____ cup of coffee for breakfast.
 - 2 He has _____ smoked salmon and _____ avocado for lunch.
 - 3 He has _____ cheese and _____ vegetables for dinner.

e **G p.140 Grammar Bank 9A**

- f **9.3** Listen to a couple talking about what food they need to buy. Write their shopping list.

some coffee, some milk,...

3 LISTENING

- a Look at the photos posted with the hashtag #mydinnerlastnight. With a partner, which photo do you think shows...

- 1 ☐ something that the person cooked
- 2 ☐ take-out food that the person ordered
- 3 ☐ something that the person ate in a restaurant
- 4 ☐ something that the person's mother cooked

- b **9.4** Listen to the people talking about their photos and check your answers to a.

Glossary

Thanksgiving a US holiday in November

- c Listen again. Who (1–4) talks about...?

- ☐ a good restaurant near their house
- ☐ ways of preparing something
- ☐ a dish with two main ingredients
- ☐ a meal for a special occasion

- d Which of the four dishes or meals would you like to eat? Which wouldn't you like?

4 PRONUNCIATION the letters ea

- a How is ea pronounced in these words? Put them in the correct column.

bread breakfast eat healthy
ice cream meat peas steak tea

		
tree	egg	train

- b **9.5** Listen and check. Practice saying them. Which is the most common pronunciation of ea?

#mydinnerlastnight



5 SPEAKING

- a Make a food journal for yesterday. Write what food and drink you had.
Breakfast – a cup of coffee, some cereal
- b Work in pairs. Tell each other what you had yesterday. Say where you had it and who made it.

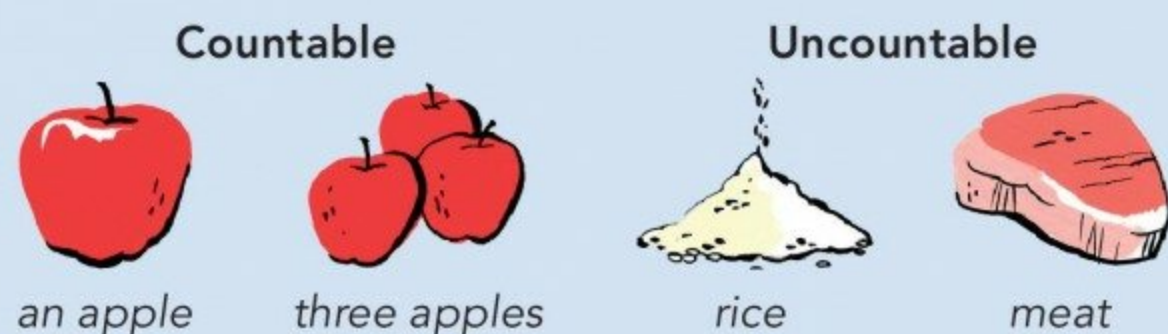
*I had breakfast at home, and I made it.
I had a cup of coffee and some cereal.*

- c Answer the questions in pairs.

What do you usually have...?

- for a quick lunch when you don't have time to cook
- for dessert at home or in a restaurant
- when you're hungry between meals
- for breakfast on the weekend
- for a special occasion
- when you order to go

9A countable / uncountable nouns, a / an, some / any



- English nouns can be **countable** or **uncountable**.
countable = things you can count, e.g., *apples*. Countable nouns can be singular (**an** apple) or plural (*apples*).
uncountable = things you can't count, e.g., *rice*, *meat*.
NOT *two rices*, *three meats*.
Uncountable nouns are usually singular.
- Some nouns can be countable and uncountable, e.g., *ice cream*.



an ice cream (countable)



some ice cream (uncountable)

a / an, some / any

	countable	uncountable
<input checked="" type="checkbox"/> We need	an apple. some apples.	some butter.
<input type="checkbox"/> We don't need	a tomato. any tomatoes.	any rice.
<input type="checkbox"/> Do we need	an orange? any oranges?	any sugar?

- We use *a / an* with singular countable nouns. *a / an* = one.
- We use *some* in ☒ with plural countable nouns and with uncountable nouns.
- We use *any* in ☐ and ☐ with plural countable nouns and with uncountable nouns.

some in ☐

We use *some* in ☐ to ask for and offer things.

Can I have **some** sugar, please? Would you like **some** coffee?

9B quantifiers

uncountable (singular)	short answers	full answers
How much sugar do you eat?	A lot. A little. Not much. None.	I eat a lot of sugar. I eat a little sugar. I don't eat much sugar. I don't eat any sugar.
countable (plural)		
How many cookies do you eat?	A lot. A few. Not many. None.	I eat a lot of cookies. I eat a few cookies. I don't eat many cookies. I don't eat any cookies.



a lot of and lots of

A lot of and *lots of* mean the same thing, e.g., *He eats a lot of cheese / lots of cheese.*

- We use *How much...?* with uncountable nouns and *How many...?* with plural countable nouns.
- We use:
a lot (of) with countable and uncountable nouns for a **big quantity**.
a little / not...much with uncountable nouns for a **small quantity**.
a few / not...many with countable plural nouns for a **small quantity**.
not...any (none in short answers) for **zero quantity**.

a lot of and much / many

- In ☒ sentences, we usually use *a lot of*.
- In ☐ sentences and ☐, we usually use *much* and *many*.
I don't drink much water. Do you drink much coffee?
- It is also possible to use *a lot of* in ☐ and ☐.

9C comparative adjectives

A whale is **louder than** a lion.
Canada is **bigger than** the US.
K2 is **more difficult** to climb **than** Mount Everest.
My new job is **better than** my old one.
The traffic is always **worse** in the evening.



9.18

- We use comparative adjectives + *than* to compare two things, people, etc.

adjective	comparative	spelling
old nice	older nicer	one-syllable adjectives: + -er (or -r if the adjective ends in e)
big hot	bigger hotter	adjectives ending one vowel + one consonant: double consonant + -er
dry healthy	drier healthier	one- or two-syllable adjectives ending consonant + y: y -ier
tired	more tired	one-syllable adjectives ending -ed: more + adjective
famous expensive	more famous more expensive	two- or more syllable adjectives: more + adjective
good bad far	better worse farther / further	irregular

9A

a Write *a*, *an*, or *some* + a food or drink word.



some bread

- | | |
|---------|---------|
| 1 _____ | 5 _____ |
| 2 _____ | 6 _____ |
| 3 _____ | 7 _____ |
| 4 _____ | 8 _____ |

b Complete the conversation with *a*, *an*, *some*, or *any*.

- A What can we make for your brother and his girlfriend?
 B Let's make a pizza.
 A Good idea. Are there ¹ _____ tomatoes?
 B Yes. And there are ² _____ mushrooms, too.
 A Great!
 B Oh no! There isn't ³ _____ cheese!
 A Oh. Wait a minute. I bought ⁴ _____ steak yesterday.
 Are there ⁵ _____ potatoes?
 B Yes, there are.
 A Good. So we can have steak and French fries. Do we have
⁶ _____ fruit?
 B I think we have ⁷ _____ oranges. Yes, and there's
⁸ _____ apple and ⁹ _____ bananas, too.
 A OK. You can make ¹⁰ _____ fruit salad for dessert.
 B OK. Let's start cooking.

← p.71

9B

a Complete the questions with *How much* or *How many*.

How much sugar do you put in your tea?

- _____ butter do you use for this cake?
- _____ cans of soda did she drink?
- _____ oil do I need?
- _____ chocolates were in that box?
- _____ rice do you want?
- _____ coffee does he drink?
- _____ bottles of water did you buy?
- _____ cans of tuna do we have?
- _____ orange juice is there in that carton?
- _____ cookies did you eat?

b Circle the correct word or phrase.

- I don't put much / many salt on my food.
 1 We don't eat a lot of / a lot cookies.
 2 A How much chocolate do you eat? B A little. / A few.
 3 My husband doesn't drink much / many coffee.
 4 A How much fruit did you buy?
 B A lot. / A lot of.
 5 We eat a lot of / much fish. We love it!
 6 A Do your children drink any milk?
 B No, not much / not many.
 7 Donna ate her hamburger, but she didn't eat much / many French fries.
 8 A How many vegetables do you eat?
 B Any. / None. I don't like them.
 9 I have a cup of tea and a few / a little cereal for breakfast.
 10 A Do you eat much / many meat?
 B No, I don't eat no / any meat. I'm a vegetarian.

← p.72

9C

a Write the comparative form of the adjectives.

- | | |
|---------------|---------------|
| big | <u>bigger</u> |
| 1 high | _____ |
| 2 dirty | _____ |
| 3 important | _____ |
| 4 late | _____ |
| 5 low | _____ |
| 6 bored | _____ |
| 7 wet | _____ |
| 8 modern | _____ |
| 9 comfortable | _____ |
| 10 happy | _____ |

b Complete with a comparative adjective + *than*.

- My sister is younger than me. She's only 18. (young)
 1 The farmer's market is _____ the supermarket for vegetables. (cheap)
 2 Italian is _____ for Spanish students _____ it is for English students. (easy)
 3 I always feel _____ in the afternoon _____ in the morning. (tired)
 4 This restaurant is _____ when it first opened. (busy)
 5 Come in the summer. The weather is _____ in the spring. (good)
 6 I love science. I find it _____ history. (interesting)
 7 Cusco is _____ from the ocean _____ Lima. (far)
 8 I'm _____ my brother. He's very tall. (short)
 9 The economic situation is _____ it was last year. (bad)
 10 Skiing is _____ I thought it was. (difficult)

← p.75

a Match the words and photos.



Breakfast

/ˈbrekfəst/

- bread /bred/
- butter /ˈbʌtə/
- cereal /ˈsiəriəl/
- 1 cheese /tʃiːz/
- coffee /ˈkɒfi/
- eggs /egz/
- jam /dʒæm/
- (orange) juice /dʒuːs/
- milk /mɪlk/
- sugar /ˈʃʊɡə/
- tea /tiː/
- toast /təʊst/

Lunch /dɪntʃ/ or

dinner /ˈdɪnə/

- fish /fɪʃ/ e.g. salmon, tuna
- herbs /hɜːbz/
- meat /miːt/ e.g. chicken, sausages, steak, ham
- (olive) oil /ɔɪl/
- pasta /ˈpæstə/
- rice /raɪs/
- salad /ˈsæləd/
- seafood /ˈsiːfʊd/
- spices /ˈspɑːsɪz/

Vegetables

/ˈvedʒtəblz/

- carrots /ˈkærəts/
- chips /tʃɪps/ (or French fries)
- a lettuce /ˈletɪs/
- mushrooms /ˈmʌʃrʊmz/
- onions /ˈɒnjənz/
- peas /piːz/
- peppers /ˈpepəz/
- potatoes /pəˈteɪtəʊz/
- tomatoes /təˈmɑːtəʊz/

Fruit /fruːt/

- apples /ˈæplz/
- bananas /bəˈnɑːnəz/
- oranges /ˈɒrɪndʒɪz/
- a pineapple /ˈpaɪnæpl/
- strawberries /ˈstrɔːbərɪz/

Desserts

/dɪˈzɜːts/

- cake /keɪk/
- fruit salad /fruːt ˈsæləd/
- ice cream /aɪs ˈkriːm/

Snacks

/snæks/

- biscuits /ˈbɪskɪts/
- chocolate /ˈtʃɒklət/
- crisps /krɪspz/
- nuts /nʌts/
- a sandwich /ˈsænwɪdʒ/
- sweets /swiːts/

b 9.1 Listen and check.

ACTIVATION Cover the words and look at the photos. Test yourself or a partner.