

1 **VOCABULARY** months, adverbs and expressions of frequency

- a Put the letters in order to make months. Write the months in order. Remember to start with a CAPITAL LETTER.

erpebsmte ilpar movrebne ugtuas  
yma anyjuar ujen cotorbe ebryfuar  
eeerdmbe ahrmc uylj

- 1 January
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_
- 7 \_\_\_\_\_
- 8 \_\_\_\_\_
- 9 \_\_\_\_\_
- 10 \_\_\_\_\_
- 11 \_\_\_\_\_
- 12 December

- b Answer the questions.

- c Complete the sentences with an adverb or expression of frequency.

- 1 I go to the gym twice a week, on Mondays and Thursdays.
- 2 He \_\_\_\_\_ eats meat. He's a vegetarian.
- 3 She \_\_\_\_\_ starts work at 9:00, but on Mondays she starts at 10:00.
- 4 I see my parents \_\_\_\_\_ a year in December.
- 5 They usually walk to work, but they \_\_\_\_\_ drive.
- 6 I have English classes \_\_\_\_\_ – Monday, Wednesday and Friday.

2 **GRAMMAR** position of adverbs, expressions of frequency

- a Are the sentences right (✓) or wrong (X)? Correct the wrong sentences.

- 1 Pilots often sleep in hotels. ☒
- 2 The children every day walk to school. ☒  
The children walk to school every day.
- 3 Mike drives sometimes to work. ☐
- 4 My girlfriend is never late. ☐
- 5 They every summer go to the beach. ☐
- 6 Ellie three times a day drinks coffee. ☐
- 7 My brother hardly ever shaves. ☐
- 8 We twice a week study English. ☐
- 9 I always am stressed. ☐
- 10 I see my grandparents every weekend. ☐

# THE TIME QUIZ

- 1 How many minutes in an hour? sixty
- 2 How many months in a year? \_\_\_\_\_
- 3 How many days in a week? \_\_\_\_\_
- 4 How many seconds in a minute? \_\_\_\_\_
- 5 How many weeks in a month? \_\_\_\_\_
- 6 How many hours in a day? \_\_\_\_\_
- 7 How many days in June? \_\_\_\_\_
- 8 How many weeks in a year? \_\_\_\_\_

- b Write sentences. Use the verbs in the box and the words in parentheses in the correct place.

be do get up go have see sleep take

- 1 We / the housework (once a week)  
*We do the housework once a week.*
- 2 They / pizza for dinner. (never)  
*They never have pizza for dinner.*
- 3 My mother / shopping (every morning)  
\_\_\_\_\_
- 4 I / for eight hours. (hardly ever)  
\_\_\_\_\_
- 5 We / our friends (every weekend)  
\_\_\_\_\_
- 6 I / at quarter to seven. (usually)  
\_\_\_\_\_
- 7 My children / happy. (always)  
\_\_\_\_\_
- 8 She / the dog for a walk (three times a day)  
\_\_\_\_\_

- c Complete the **You** column in the chart. Then complete the sentences with a verb and an adverb of frequency.

always ✓✓✓✓✓ sometimes ✓✓  
usually ✓✓✓✓✓ hardly ever ✓  
often ✓✓✓ never -



	Matt	Becky	You
sleep for eight hours	1 ✓✓✓✓✓	6 ✓✓	11
be relaxed	2 ✓✓✓✓✓	7 ✓✓✓	12
play sports or exercise	3 ✓✓	8 -	13
eat healthy food	4 ✓✓✓	9 ✓	14
be sick	5 -	10 ✓✓✓✓✓	15

#### Matt

- 1 Matt *usually sleeps for eight hours.*
- 2 He is always \_\_\_\_\_.
- 3 He sometimes \_\_\_\_\_.
- 4 He \_\_\_\_\_.
- 5 \_\_\_\_\_.

#### Becky

- 6 Becky \_\_\_\_\_.
- 7 She \_\_\_\_\_.
- 8 \_\_\_\_\_.
- 9 \_\_\_\_\_.
- 10 \_\_\_\_\_.

#### You

- 11 I \_\_\_\_\_.
- 12 \_\_\_\_\_.
- 13 \_\_\_\_\_.
- 14 \_\_\_\_\_.
- 15 \_\_\_\_\_.

### 3 PRONUNCIATION the letter h

- a Complete the sentences with words from the list.

hair stylist happy home  
hospital hour hurry

- 1 Her husband always in a *hurry*.
- 2 My headphones are at \_\_\_\_\_.
- 3 His mother is in the \_\_\_\_\_.
- 4 Lunch is half an \_\_\_\_\_.
- 5 Helen is a \_\_\_\_\_.
- 6 The children are healthy and \_\_\_\_\_.

- b **4.4** Listen and check. In which word is *h* not pronounced?
- c **4.4** Listen again and repeat the sentences.