Live your life and forget your age. Norman Vincent Peale, American writer

G position of adverbs, expressions of frequency **V** months, adverbs and expressions of frequency **P** the letter h

1	VOCABULARY	months, adverbs
	and expressions	of frequency

a Put the letters in order to make months. Write the months in order. Remember to start with a CAPITAL LETTER.

erpebsmte ilpar movrek yma anyjuar ujen coto ecerdmbe ahrmc uylj	
1 January	
2	
3	
4	
5	
6	
7	
8	
9	
0	
1	
2 December	

b Answer the questions.

0	t trequency.		
1	I go to the gym <u>1</u> Thursdays.	wice a we	ek, on Mondays and
2	He	eats meat. He's a	vegetarian.
3	Shestarts at 10:00.	_ starts work at 9:0	00, but on Mondays she
4	I see my parents	a ye	ar in December.
5	They usually walk	to work, but they	drive.
6	I have English cla Wednesday and	sses Friday.	– Monday,

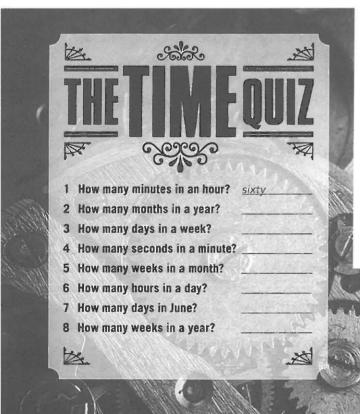
c Complete the sentences with an adverb or expression

2 GRAMMAR position of adverbs, expressions of frequency

a Are the sentences right (✔) or wrong (✗)? Correct the wrong sentences.

1 Pilots often sleep in hotels.

2	The children every day walk to school.	×
	The children walk to school every day.	
3	Mike drives sometimes to work.	
4	My girlfriend is never late.	
5	They every summer go to the beach.	
6	Ellie three times a day drinks coffee.	
7	My brother hardly ever shaves.	
8	We twice a week study English.	
9	I always am stressed.	10
)	I see my grandparents every weekend.	10



b	Write sentences. Use the verbs in the box and the words in
	parentheses in the correct place.

be de get up go have see sleep take

- 1 We / the housework (once a week)
 We do the housework once a week.
- 2 They / pizza for dinner. (never)

 They never have pizza for dinner.
- 3 My mother / shopping (every morning)
- 4 1 / for eight hours. (hardly ever)
- 5 We / our friends (every weekend)
- 6 1 / at quarter to seven. (usually)
- 7 My children / happy. (always)
- 8 She / the dog for a walk (three times a day)
- c Complete the **You** column in the chart. Then complete the sentences with a verb and an adverb of frequency.

always	VVVV	sometimes	VV
usually	V V V V	hardly ever	V
often	V V V	never	-







	Matt	Becky	You
sleep for eight hours	1 ノノノノ	611	11
be relaxed	² VVVV	7 / / /	12
play sports or exercise	3 V V	8_	13
eat healthy food	4 / / /	9 2	14
be sick	5_	10 /////	15

M	latt
1	Matt usually sleeps for eight hours.
	He is always
	He sometimes
	He
	S
В	ecky
6	Becky
7	She
9	
10	
10	
Yo	ou .
11	
12	
A2044	
13	
14	
15	

3 PRONUNCIATION the letter h

a Complete the sentences with words from the list.

	air stylist happy home ospital hour hurry	
1	Her husband always in a <u>hurry.</u>	
2	My headphones are at	
3	His mother is in the	
4	Lunch is half an	
	Helen is a	
6	The children are healthy and	

- Q 4.4 Listen again and repeat the sentences.