**Position of adverbs**

1.  We always speak English in class.

2.  I don't often watch TV.

3.  Alfie and Matt are always hungry.

4.  Do you normally drive to work?

5.  Sara isn't usually late.

6.  My husband never does the housework.

7.  Are you sometimes tired at the end of the day?

8.  Her children hardly ever eat vegetables.

**Expressions of frequency**

1. they do housework once a week .

2. we have a summer vacation every year .

3. I go to English classes twice a week .

4. he doesn't drive to work every day .

5. we have lunch with my parents every Sunday .

6. she plays tennis three times a week .

**Months**

1. September
2. September
3. January
4. July
5. October
6. April
7. February
8. August
9. May
10. November
11. June
12. December

**Adverbs & expressions of frequency**

1.  I hardly ever drink coffee. About once or twice a year.

2.  I sometimes go to the movies. I go twice a month.

3.  I go to bed at 11:00 and get up at 7:00. I always sleep eight hours.

4.  I never drive to work. I go by bus.

5.  I often see friends after work. We meet three times a week .

6.  I normally have lunch at work. On Fridays I may eat at home.

**Esther Armstrong: Activity 1**

1. She goes to work every day.
2. In her own apartment.

**Esther Armstrong: Activity 2**

1. True
2. False
3. True
4. False
5. True
6. False
7. True
8. False