# Think positive – or negative?

You'll miss your No, flight. I won't!

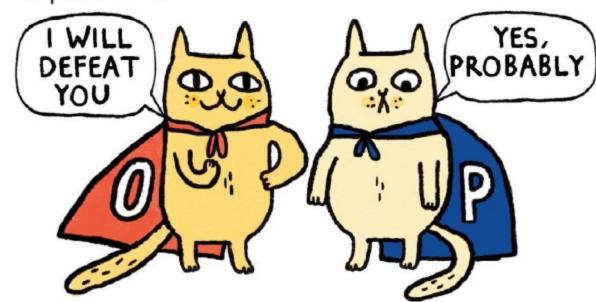
**G** will / won't (predictions) **V** opposite verbs **P** 'll, won't

## **VOCABULARY** opposite verbs

- Listen to five sentences and questions. Write down the main verb in each sentence. What are the opposite verbs?
- Vp.157 Vocabulary Bank Opposite verbs

## **GRAMMAR** will / won't (predictions)

Read the conversations. Label the responses **O** for optimist or **P** for pessimist.



	Your friend says	You say
1	This check-in line is really slow!	<ul><li>a Don't worry. It'll start moving.</li><li>b I know. We'll miss the flight.</li></ul>
2	Let's drive to the restaurant.	<ul><li>a We'll never find anywhere to park.</li><li>b Yes, it'll be quicker.</li></ul>
3	I lent my brother some money.	<ul><li>a I'm sure he'll pay you back.</li><li>b You won't see it again.</li></ul>
4	I'm taking my driver's test tomorrow.	<ul><li>a It'll go well. You'll see.</li><li>b You won't pass.</li></ul>
5	I'm selling my old laptop on eBay.	<ul><li>a You'll sell it easily.</li><li>b Nobody will buy it.</li></ul>
6	Hooray! Our team made the final!	<ul><li>a Yes. But we'll lose.</li><li>b Yes! I'm sure we'll win!</li></ul>
7	I'm taking Japanese classes next week.	<ul><li>a That'll be interesting!</li><li>b You'll never learn it.</li></ul>
8	We're going to see the movie in Spanish.	<ul><li>a You won't understand a word.</li><li>b You'll love it. And it'll be good practice.</li></ul>

- Listen and check.
- Which response would you probably say in each situation? Are you an optimist or a pessimist?
- Look at the You say responses again. Are they about the present or the future?
- G p.136 Grammar Bank 6A

#### **PRONUNCIATION** 'II, won't

\$\infty\$ 6.5 Listen and repeat the words and phrases. <u>Copy</u> the <u>rhy</u>thm.

1'11	I'll be late	I'll be late for work.
You'll	You'll never	You'll never learn.
He'll	He'll pay	He'll pay you back.
lt'll	It'll go	It'll go well.
We'll	We'll miss	We'll miss the flight.

- What sound do the pink letters have in won't and want?
- Practice in pairs. A read the first line of each conversation in 2a. B say the optimist's responses. Then change roles. A says the pessimist's responses.
- **Communication** You're a pessimist! A p.104 B p.109 Make predictions.

#### **LISTENING**

- Listen to the introduction to a radio show. Why is positive thinking good for you?
- Try to guess the missing words in these callers' tips.

Caller 1	Live in the pr	, not in the
	p	
Caller 2	Think p	thoughts, not
	n one	es.
Caller 3	Don't spend a lo	ot of time following
	the n	online or on TV.
Caller 4	Every week, ma	ke a list of all the
	g th_	that
	happened to yo	u.
Caller 5	Try to use positi	ve l
	when you speak	to other people.

- Listen to the rest of the radio show and check.
- Listen again. Write down any extra information you hear for each tip. Which tips do you think are the most useful? Do you have any tips of your own?

#### 5 READING

- a Look at the cartoon in the article of a girl who has an exam the next day. Do you think she is an optimist or a pessimist?
- b Read the article and check. What is "defensive pessimism"?

# Why negative thinking can be positive

Everybody thinks that it's better to be an optimist than a pessimist (even pessimists think it, of course). People always say "Cheer up. Don't worry, be happy. Smile." But in fact there's a kind of pessimism – called "defensive pessimism" – that can lead to very positive results, according to Julie K. Norem, a professor of psychology at Wellesley College, Massachusetts. "Defensive pessimism is a strategy used in specific situations to manage anxiety, fear, and worry," says Norem. Studies show that 30 to 35 percent of Americans use it to help them in their lives, and they're often very successful people.

Defensive pessimists think about future situations and prepare for them by imagining all the things that can go wrong. For example, if a defensive pessimist has an important exam, they think this:



Then they look at each possible problem and plan how to avoid it. So for the exam situation, they go to bed early and have a good night's sleep; they find out in advance exactly where the exam is; they eat a good breakfast, and take lots of pens and pencils, and a bottle of water; and they leave home early. That puts them in control, and it means that the exam will be better than for an optimist, who just thinks, "Oh, everything will be fine!" Because sometimes everything goes wrong, and it's good to be prepared.

- c Complete these sentences from the article with the same word.
  - 1 I'll go to the \_\_\_\_\_ place.
  - 2 Sometimes everything goes \_\_\_\_\_
- d What do these sentences mean?
  - 1 There's something wrong with the printer.
  - 2 I'm sorry, you have the wrong number.
  - 3 Our trip was fine, nothing went wrong.
- e Read the article again. Then look at the things a defensive pessimist thinks about catching a flight. What can he do to avoid these problems?



f Do you think defensive pessimism is a good idea? Can you think of any situations where you behave in this way?

#### 6 SPEAKING

With a partner, ask and answer the questions. Use a phrase from the box and say why. Which of you is more optimistic?

### Are you a positive or negative thinker?

#### Do you think ...?

- you'll have a nice weekend
- you'll pass your next English exam
- you'll get a good (or better) job in the future
- you'll make some new friends on your next vacation
- you'll live to be 100
- you'll get to the end of this book
- you'll find the love of your life

#### Responding to predictions

I hope so. / I hope not. I think so. / I don't think so. <u>May</u>be. / Per<u>haps</u>. I doubt it. <u>Pro</u>bably (not). <u>De</u>finitely (not).

#### Do you think you'll have a nice weekend?

( I hope so. I think the weather will be good and...





# **6A** will / won't (predictions)

1 A I'm seeing Jessica at six. B She'll be late. The movie's in French. We won't understand anything. €6.4

2 It's a great book. I'm sure you'll like it. I don't think it'll rain tomorrow.

+ I/You/He/She/It/We/They 'II be late. I/You/He/She/It/We/They won't be late.

Contractions: 'll = will; won't = will not

?					X			
Will	I / you / he / she / it / we / they	be late?	Yes,	I / you / he / she / it / we / they	will.	No,	I / you / he / she / it / we / they	won't.

- 1 We often use will / won't + base form for future predictions, i.e., to say things we think, guess, or know about the future.
- 2 We often use I think / I don't think / I'm sure + will.
  I think he'll fail the exam. I don't think he'll pass the exam. NOT I think he won't pass.

#### be going to for predictions

We can also use *be going to* for predictions when we know or can see something is going to happen (see **3A** p.130), e.g.,

Look at the clouds.

It's going to rain.

They're playing very well.

They're going to win.

## **6B** will / won't (other uses)

decisions
I won't stay for dinner. I think I'll go home early.

offers
I'll help you with your homework. I'll open the door for you.

promises
I'll always love you. I won't tell anybody.

 We use will / won't + base form for making instant decisions, offers, and promises. We don't use the present tense.

I'll help you with those bags.

NOT I help you with those bags.

 In questions with I and we, shall (and not will) is sometimes used to offer to do something or to make a suggestion, but this is not a common use. Shall we go for a walk?

# 6C review of verb forms: present, past, and future

tense	example	use <b>(1)</b> 6.17
simple present	I <b>live</b> downtown. She <b>doesn't smoke</b> .	things that always or usually happen
present continuous	He's looking for a new job.  I'm leaving tomorrow.	things that are happening now or around now things that we have arranged for the future
simple past	We <b>saw</b> a good movie last night. We <b>didn't do</b> anything yesterday.	finished actions that happened once or more than once in the past
past continuous	He was working in Chiang Mai. What were you doing at 7:00?	actions that were in progress at a past time
be going to + base form	I'm going to see Tom tonight. Look! It's going to snow.	future plans predictions when we know / can see what's going to happen
will / won't + base form	You'll love New York.  I'll call her later.  I'll help you.  I'll pay you back tomorrow.	predictions instant decisions offers promises
present perfect	I've finished the book.  Have you ever been to Iran?	recently finished actions (we don't say when) past experiences

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- a Write sentences and questions with will / won't. Use contractions where you can.
  - the exam / easy to pass It won't be easy to pass the exam.
  - 1 + I think they / lose the game
  - 2 ? the meeting / be long
  - 3 she / get the job she's not qualified enough
  - 4 ? you / see him at work later
  - 5 + I don't want to go. it / be impossible to park
  - 6 you / like that book
  - 7 + I'm sure she / love the present I bought her
  - 8 there / be a lot of traffic in the morning
  - 9 + you / find a good job, I'm sure
  - 10 + everything / be OK, so there's no need to worry

**b** Complete with will + a verb from the list.

) (	e (x	2) get like pass snow	
	Α	Do you think the traffic will be ba	ad?
	В	No, because it's a holiday today.	
	Α	Do you like this band?	
	В	Yes, I think they	famous one day.
2	Α	Is this a good movie?	
	В	Yes, I'm sure you	it.
3	Α	Do you think it	?
	В	No, it's not cold enough.	
ļ	Α	What do you think James	me?
		I'm sure it will be something nice.	
5		I'm so worried about the exam!	

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#### **6B**

- a Match the sentences.
  - It's hot in here. G
  - 1 I'm thirsty.
  - 2 I have a headache.
  - 3 This exercise is hard.
  - 4 I'm hungry.
  - 5 These bags are heavy.
  - 6 I left my wallet at home.
  - 7 I need that photo urgently.
  - 8 We don't have any milk.
  - A I'll lend you some money.
  - B I'll make you a sandwich.
  - C I'll get you a glass of water.
  - D I'll help you with it.
  - E I'll buy some on my way home.
  - F I'll email it to you now.
  - G I'll open the window.
  - H I'll turn off the music.
  - I I'll carry one for you.

**b** Complete the sentences with will / won't + a verb.

**B** Don't worry. I'm sure you

buy		call	forget	get	have	help	pay	take	tell
	Α	Wha	t would y	you lik	ce? B	I'll ha	ve_t	he fish.	
1	Α	I can	't do this	s cross	sword.	B  _			you.
			secret.						
			n will I h						
	В	1			_ you t	onight			
4			I borrow						
	В	Whe	n		_ you _			me	back?
5	Α	lt's m	ny birthd	lay ne	xt week	ζ.			
	В	Don'	t worry.	l					
6			l sick. E					ne.	
7 A These shoes are too smal									
	В	1			_ a big	ger pa	ir for y	ou, ma	a'am.
		This chocolate you bought isn't very good.							
	В	Yes,	I know. I				it aga	ain.	

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#### 6C

a Complete the questions with one word.

	I didn't see you last week. <u>Were</u> you sick?
1	you often remember your dreams
2	you watch the game last night?
3	Who do you think win the election next year?
4	you been to the supermarket?
5	your brother like rock music?
6	What you going to watch on TV tonight?
7	it snowing when you left?
8	you at the party last night?

9 \_\_\_\_\_ the movie finished yet?

- **b** Read the conversation. Put the verb in the correct form.
  - A What are \_\_\_\_ we doing \_\_ tonight? (do)

    B We 1\_\_\_\_\_ dinner with Diego and Luz. (have)

    A But we 2\_\_\_\_\_ dinner with them last week! (have)

    B Yes, but they 3\_\_\_\_\_ to tell us some good news. (want)

    A Oh, OK then. 4 I \_\_\_\_\_ some flowers. (buy)
    ...

    B It's eight o'clock! Where 5\_\_\_\_\_ you \_\_\_\_\_? (be)

    A I'm sorry. When I 6\_\_\_\_\_ home I 7\_\_\_\_\_ to buy the flowers. And then I 8\_\_\_\_\_ Mark in the store... (walk, stop, see)

    B Well, hurry up. We 9\_\_\_\_\_ late! (be)

    A It's OK. I 10\_\_\_\_\_ a taxi, and I 11\_\_\_\_\_ ready in five minutes. (already call, be)



# Opposite verbs

# **VOCABULARY BANK**

- a Match the verbs and photos.
  - a<u>rrive</u> (early) /əˈraɪv/

leave

Opposite

- break (your phone) /breik/
- one) /breɪk/
- buy (a house) /bai/
- download (a song) /'daunloud/
- find (your keys) /famd/
- forget (a name) /fərˈgɛt/
- lend (money to somebody) /lend/
- love (cooking) /lav/
- miss (a train) /mɪs/
- pass (an exam) /pæs/
- pick up (somebody at the airport)
  /pɪk 'ʌp/
- 1 push (the door) /puʃ/
- send (an email) /sɛnd/
- start (a race) /start/
- teach (math) /titʃ/
- turn on (the TV) /tərn 'an/
- win (a game) /wɪn/













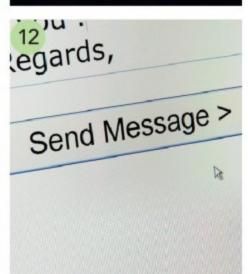






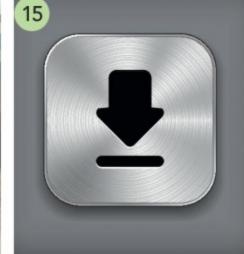
















# **b** Find the opposite verbs in the list. Write them in the **Opposite** column.

borrow (money from somebody) /'barou/

catch /kætʃ/

drop off /drap 'af/

fail /feil/

finish /'fɪnɪʃ/

fix / repair /fiks/ /rɪ'per/

get /get/

hate /hert/

learn /lərn/

leave /liv/

lose (x2) /luz/

pull /pul/

receive /rɪ'siv/

remember /rɪˈmɛmbər/

sell /sel/

turn off /tərn 'af/

upload /'nploud/

c **106.2** Listen and check.

**ACTIVATION** Test a partner. **A** say a verb, **B** say the opposite.

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