***should / shouldn't*: Activity 1**

Read Grammar Bank 8A. Then read the doctor's advice and choose the correct answers. Listen and check.

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| Grammar Bank  **8A** *should / shouldn't*  EXAMPLES  **1** You **should** leave your boyfriend.      She's very stressed. She **shouldn't** work so hard.      You **shouldn't** drink coffee in the evening. It's keep you awake.  **2**  I think you **should** get a new job.      I don't think you **should** speak to him.  FORM  **1** We use *should / shouldn't* + verb (base form) to give somebody advice or say what we think is the right thing to do.  *should / shouldn't* is the same for all persons  **2** We often use *I think you should* ... or *I don't think you should* ... **NOT** *I think you shouldn't*. |

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| 1.  You should / shouldn't work really long hours every day.  2.  You should / shouldn't stop smoking.  3.  You should / shouldn't eat more fruits and vegetables.  4.  You should / shouldn't put so much sugar in your coffee.  5.  You should / shouldn't start exercising.  6.  You should / shouldn't drink less soda.  7.  You should / shouldn't drink more water.  8.  You should / shouldn't go to bed so late. |  |

***should / shouldn't*: Activity 2**

Read Grammar Bank 8A. Then complete the sentences with *should* or *shouldn't* and a verb from the list. Listen and check.

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| Grammar Bank  **8A** *should / shouldn't*  EXAMPLES  **1** You **should** leave your boyfriend.      She's very stressed. She **shouldn't** work so hard.      You **shouldn't** drink coffee in the evening. It's keep you awake.  **2**  I think you **should** get a new job.      I don't think you **should** speak to him.  FORM  **1** We use *should / shouldn't* + verb (base form) to give somebody advice or say what we think is the right thing to do.  *should / shouldn't* is the same for all persons  **2** We often use*I think you should* ... or*I don't think you should* ... **NOT** *I think you shouldn't*. |

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| be      plan      drive      give      relax      spend      study      wear |  |

**1.** You \_\_\_\_\_\_\_\_\_\_ a scarf. It's really cold today.  
**2.**  I \_\_\_\_\_\_\_\_\_\_ this afternoon. I have an exam tomorrow.  
**3.** You \_\_\_\_\_\_\_\_\_\_ a vacation. You need a break.  
**4.** You look really sick. You \_\_\_\_\_\_\_\_\_\_ at work.  
**5.**  She \_\_\_\_\_\_\_\_\_\_ more. She's very stressed at the moment.  
**6.** You \_\_\_\_\_\_\_\_\_\_ so fast. This road's very dangerous.  
**7.** Parents \_\_\_\_\_\_\_\_\_\_ more time with their children.  
**8.** You \_\_\_\_\_\_\_\_\_\_ him an iPad. He's only seven years old.

***get*: Activity 1**

Listen and read. Match the verb phrases to the correct pictures.

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| 1. get angry |  |
| 2. get divorced |  |
| 3. get in shape |  |
| 4. get lost |  |
| 5. get married |  |
| 6. get nervous |  |
| 7. get ready |  |
| 8. get better / get worse |  |
| 9. get colder |  |
| 10. get a job |  |
| 11. get a newspaper |  |
| 12. get a ticket |  |

***get*: Activity 2**

Match the pictures to the correct verb phrases. Then listen and check.

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| 1.   * get in shape * get home * get into a car |  |  |
| 2.   * get to school * get lost * get on a bus |  |  |
| 3.   * get along with (somebody) * get to work * get ready |  |  |
| 4.   * get an email * get up * get a job |  |  |
| 5.   * get a newspaper * get home * get a present |  |  |
| 6.   * get a ticket * get up * get to school |  |  |
| 7.   * get a prize * get to work * get into a car |  |  |
| 8.   * get on a bus * get nervous * get an email |  |  |

**/ʊ/ and /u/**

Listen to the words and sounds. Then write the words you hear. Listen and repeat.

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| --- | --- |
| 1.  bull /ʊ/ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ |  |
| 2. boot /u/ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ |  |

**Don't like to talk about your feelings: Activity 1**

Read and listen to three problems. Choose the correct answers.

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| **Don't like to talk about your feelings?**  Are you a man who finds it difficult to talk about feelings and problems with your friends and family? Send us your problem and you will get advice from our readers.  **Problem A**  Three weeks ago I asked my girlfriend to marry me – we have been together for 18 months. It was an impulse, but now I am having second thoughts. I am deeply in love with her, but is this too soon? Please help.  **Problem B**  My wife is running her first marathon in Boston and she really wants me to go and watch her. However, there is a business conference in Dubai the same weekend and my boss would like me to attend. What should I do?  **Problem C**  My girlfriend wants us to spend two weeks in Toronto in the summer with her family, but I find her sister really difficult to get along with. Should I go and risk having arguments all the time or should I suggest separate vacations this year? |

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| 1. The writer can't be in two places at the same time.    * Problem A    * Problem B    * Problem C 2. The writer doesn't want to do something his girlfriend wants to do.    * Problem A    * Problem B    * Problem C 3. The writer thinks he did something without thinking carefully about it.    * Problem A    * Problem B    * Problem C |  |

**Don't like to talk about your feelings: Activity 2**

Read the problems again. Then read the advice. Match two pieces of advice to each problem.

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| to answer to know to have not to talk to say  not to be to show to make to do to do |

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| **Don't like to talk about your feelings?**  Are you a man who finds it difficult to talk about feelings and problems with your friends and family? Send us your problem and you will get advice from our readers.  **Problem A**  Three weeks ago I asked my girlfriend to marry me – we have been together for 18 months. It was an impulse, but now I am having second thoughts. I am deeply in love with her, but is this too soon? Please help.  **Problem B**  My wife is running her first marathon in Boston and she really wants me to go and watch her. However, there is a business conference in Dubai the same weekend and my boss would like me to attend. What should I do?  **Problem C**  My girlfriend wants us to spend two weeks in Toronto in the summer with her family, but I find her sister really difficult to get along with. Should I go and risk having arguments all the time or should I suggest separate vacations this year? |

1.  \_\_\_ This seems like an easy one – go, but try to avoid her when possible, and if you can’t avoid her, then just smile and don’t get into a conversation.

2.  \_\_\_ In my opinion, I don’t think it’s worth making problems at work. Why don’t you suggest that she asks a girlfriend or a family member to go with her instead?

3.  \_\_\_ You should tell your girlfriend how you feel. Be polite and, above all, be honest. You do not have to like her sister. If she really is difficult, everyone else will already know.

4.  \_\_\_ You felt it was right at the time, but for some reason now you are not sure. You clearly love this girl and I think you should go for it. I got married after four months of dating, and we celebrated 30 years this year.

5.  \_\_\_ You should be there. Maybe this is a once-in-a-lifetime moment for her. You can always keep in touch with coworkkers on your phone.

6.  \_\_\_ You shouldn’t do anything in a hurry. Choose a date 18 months from now which will give you time to be sure you’re doing the right thing. And don’t plan too much. If you start booking restaurants and getting clothes for the big day, it will make things worse if you then change your mind.