**Present perfect + *for* and *since*: Activity 1**

Read Grammar Bank 9B. Then write questions with *How long* and the present perfect.

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| Grammar Bank  **9B** present perfect + *for* and *since*  EXAMPLES  **A**  Where do you live now?  **B**  In Tokyo.  **A**  **How long have** you **lived** there?  **B**  I**'ve lived** there **for** 20 years.  **A**  Where do you work?  **B**  In an elementary school.  **A** **How long have** you **worked** there?  **B**  I**'ve worked** there **since** 2015.  FORM   * We use the present perfect with *for* and *since* with actions and states that started in the past and are still true now.   *I****'ve lived*** *in Tokyo for twenty years.* = I came to live in Tokyo twenty years ago, and I live in Tokyo now.  We don't use the present simple in this type of sentence, e.g., **NOT** *I live in Tokyo for twenty years.*   * We use *How long ...?* to ask about the duration of an action or a state, e.g., *How long have you been married?* |

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| **1.** / you / be afraid of flying      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ? **2.** / your sister / have her new car      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ? **3.**  / they / live in this town      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ? **4.**  / your dad / be a teacher      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ? **5.**  / you / know / your boyfriend      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ? **6.**  / Hawaii / be a US state      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ? **7.**  / you / have your cat      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ? **8.**  / Daniel / be in this class      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ? |  |

**Present perfect + *for* and *since*: Activity 2**

Read Grammar Bank 9B. Then answer the questions with present perfect + *for* or *since*. Use contractions. Listen and check.

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| Grammar Bank  **9B** present perfect + *for* and *since*  EXAMPLES  **A**  Where do you live now?  **B**  In Tokyo.  **A**  **How long have** you**lived** there?  **B**  I**'ve lived** there **for** 20 years.  **A**  Where do you work?  **B**  In an elementary school.  **A** **How long have** you **worked** there?  **B**  I**'ve worked** there**since** 2015.  FORM   * We use the present perfect with *for* and *since* with actions and states that started in the past and are still true now.   *I****'ve lived****in Tokyo for twenty years.* = I came to live in Tokyo twenty years ago, and I live in Tokyo now.  We don't use the present simple in this type of sentence, e.g., **NOT***I live in Tokyo for twenty years.*   * We use *How long ...?* to ask about the duration of an action or a state, e.g., *How long have you been married?*   ***for* or *since***   * ﻿We use for + a period of time, e.g., ***for*** *two weeks,* ***for*** *ten years,* etc.   *I've had this car* ***for*** *three months.*   * We use *since* with the beginning of a period of time, e.g., ***since*** *2014,* ***since*** *last June,* etc.   *I've been afraid of spiders* ***since*** *I was a child.* |

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| **1.**  How long have you been afraid of flying?      I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ I was about 15. **2.** How long has your sister had her new car?      She \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ three weeks. **3.** How long have they lived in this town?      They \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ a long time. **4.**  How long has your dad been a teacher?      He \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ more than 20 years. **5.**  How long have you known your boyfriend?      I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ May. **6.**  How long has Hawaii been a US state?      It \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 1959. **7.** How long have you had your cat?      We \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ about two years. **8.** How long has Dan been in this class?      He \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ last month. |  |

**Words related to fear**

Match the words to the definitions. Then listen and check.

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| frightened terrified panic dizzy scared  suffer from fear |  |

1.  the noun made from the adjective *afraid*   \_\_\_\_\_\_\_\_\_\_\_\_

2.  one adjective that means *very afraid*   \_\_\_\_\_\_\_\_\_\_\_\_

3.  two synonyms for *afraid*   \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_

4.  an adjective for the feeling that everything is going round in circles   \_\_\_\_\_\_\_\_\_\_\_\_

5.  to suddenly feel afraid and not be able to think   \_\_\_\_\_\_\_\_\_\_\_\_

6.  to be badly affected by something   \_\_\_\_\_\_\_\_\_\_\_\_

**Phrases with *for* and *since***

Choose the correct answers to complete the phrases. Listen and check. Then practice saying the phrases.

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| 1.  for / since 1990  2.  for / since a long time  3.  for / since  about 20 years  4.  for / since  ages  5.  for / since  I was a child  6.  for / since  six months  7.  for / since May 4th  8.  for / since  a few weeks  9.  for / since  then  10.  for / since  I got up this morning  11.  for / since  8:15  12.  for / since  five minutes |  |

**Sentence stress**

Read and listen. Then say and record.

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| 1.I've worked |  |
| 2.I've worked here |  |
| 3.I've worked here for ten years. |  |
| 4.We've lived |  |
| 5.We've lived in New York |  |
| 6.We've lived in New York since 2012. |  |
| 7.How long |  |
| 8.How long have you known |  |
| 9.How long have you known your best friend? |  |

**Phobias: Activity 1**

Listen to a radio call-in program about phobias. Choose the correct answers.

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| * 1. The caller is worried about \_\_\_\_\_\_.   + a child   + a parent   + a friend   1. She's worried because this person has had a bad experience \_\_\_\_\_\_.   + at an event   + with an animal   + in a vehicle   1. The psychologist tells the caller \_\_\_\_\_\_.   + to talk about the experience as often as possible   + to forget the experience as soon as possible   + to arrange a good experience in a similar situation |  |

**Phobias: Activity 2**

Listen to the radio program again. Read the sentences and write T (true) or F (false).

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| 1.  Cynthia's son James is 16 years old.   \_\_\_  2.  Cynthia was talking to their neighbor when the incident happened.   \_\_\_  3.  The dog that bit James belonged to their neighbor.   \_\_\_  4.  James had to go to hospital after the incident.   \_\_\_  5.  A fear of dogs is called cynophobia.   \_\_\_  6.  The psychologist tells Cynthia to make her son play with a friend's dog.   \_\_\_ |  |