

GRAMMAR

Circle a, b, or c.

- Elliot served, but the ball ____ into the net.
a went b was going c had gone
- The athlete fell when she ____ towards the finish line.
a run b was running c had run
- I didn't realize that you two ____ before.
a didn't meet b weren't meeting c hadn't met
- A I can't find my glasses anywhere.
B ____ them when you left home this morning?
a Did you wear b Were you wearing c Had you worn
- ____ walk to work, or do you drive?
a Do you use to b Do you usually c Use you to
- When I was a child, I ____ like vegetables.
a don't used to b didn't used to c didn't use to
- ____ play sports in college?
a Did you use to b Use you to c Did you used to
- Lots of famous movies ____ in San Francisco.
a have shot b have been shot c has been shot
- He hates ____ about his private life.
a asking b being asking c being asked
- Why ____ in New Zealand?
a is the movie being made b is the movie making c is making the movie
- Many people believe that Columbus ____ America.
a didn't really discover b wasn't really discovered c weren't really discovered
- A I've just rung the doorbell, but there's no answer.
B They ____ in the back yard. Take a look.
a can't be b might be c can be
- I'm 29 and he's a little older than me, so he ____ in his thirties now.
a must be b may be c can't be
- A Hiro and Jenny broke up!
B That ____ true! I saw them together just now.
a must not be b might be c can't be
- A Does your sister know Sergio?
B She ____ him. I'm not sure.
a can't know b may know c can know

VOCABULARY

a Write the parts of the body that you use to do these actions.

- | | | |
|---------------|---------------|--------------|
| 1 smile _____ | 3 smell _____ | 5 bite _____ |
| 2 stare _____ | 4 clap _____ | |

b Circle the correct word or phrase.

- The Nets won / beat the Nuggets 108-102.
- Can you book a tennis course / court on Friday?
- Sports players are very careful not to get injured / get in shape.
- Real Madrid scored / kicked a goal just before half-time.
- I do / go swimming every morning during the week.

c Complete the words.

- Luke is a very cl_____ friend. I've known him all my life.
- My wife and I have a lot in c_____.
- Gina and I lost t_____ after we both changed jobs.
- We g_____ to know each other very quickly.
- Linda is getting married next month. Her f_____ is Canadian. He's very nice.

d Write words beginning with s for the definitions.

- _____ the music of a movie
- _____ the translation of the dialogue of a movie on screen
- _____ images often created by a computer
- _____ the most important actor in a movie
- _____ a part of a movie that happens in one place

e Complete the sentences with one word.

- I love working _____ at the gym. I go every evening.
- The player was sent _____ for insulting the referee.
- My sister and her boyfriend have split _____.
- Did you know Jane is going _____ with Jessie's brother?
- Is there anything good _____ TV tonight?

PRONUNCIATION

a Practice the words and sounds.

Vowel sounds



bird



phone



egg



owl

Consonant sounds



television



zebra



dog



tie

b p.166-7 Sound Bank Say more words for each sound.

c What sound in a do the pink letters have in these words?

- booked
- crowd
- eyes
- shoulders
- world

d Underline the stressed syllable.

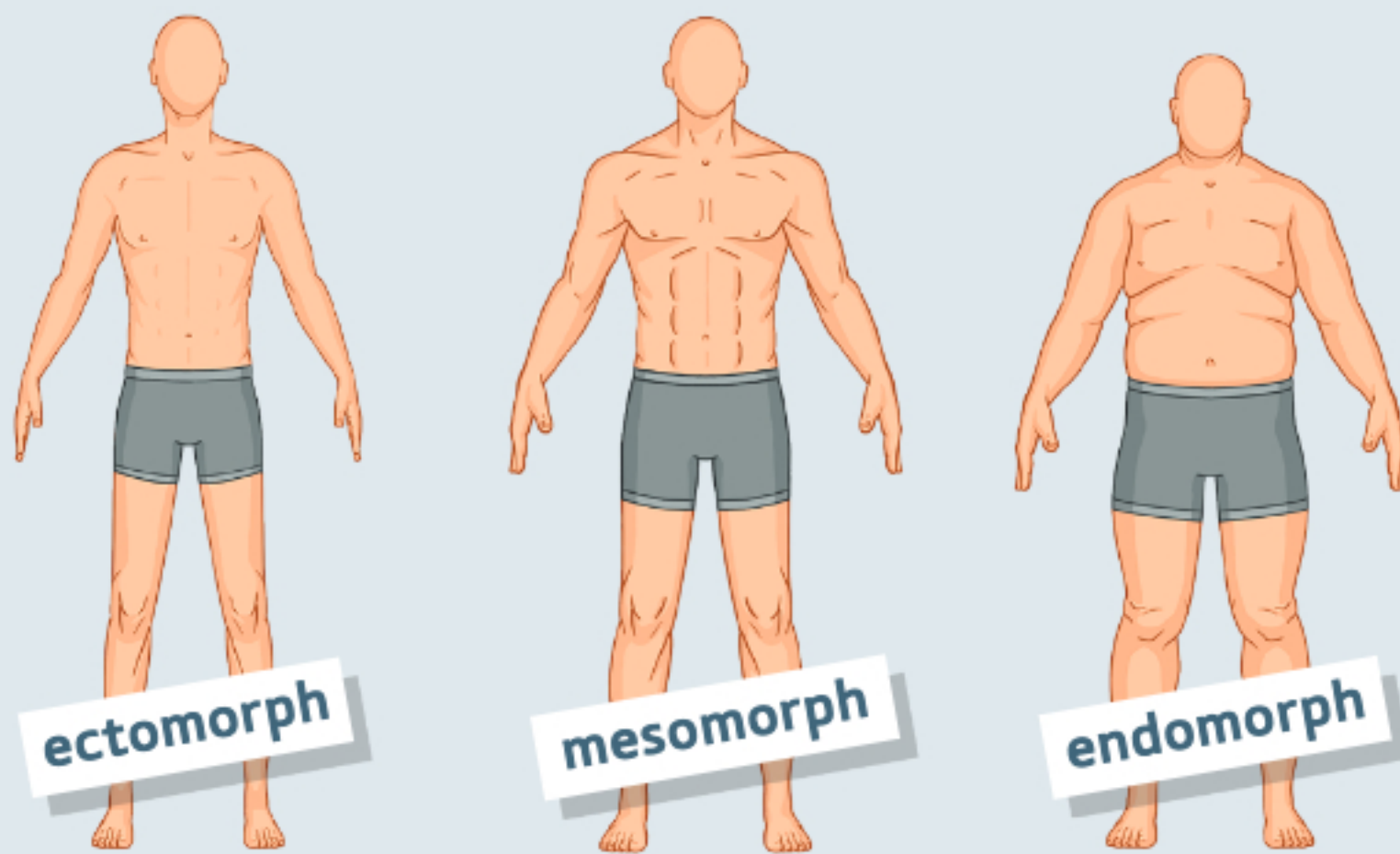
- | | | |
|-------------|----------------|--------------|
| 1 re fe ree | 3 spec ta tors | 5 co league |
| 2 re view | 4 di rec tor | |

CAN YOU understand this text?

- a Read the article once. What does the article say is the best exercise for all body types?

What is the best sport for your body type?

Just because someone has dreamed of playing soccer from childhood does not mean it is the best sport for him or her. Finding the sport your body is best suited to can make a big difference in how much you enjoy it and how good at it you are.



A person with an **ectomorph** body type is tall and slim with little fat or muscle. This person has narrow shoulders, chest, and hips, and thin arms and legs. Ectomorphs have difficulty putting on weight because of a fast metabolism. ¹ What suits ectomorphs is endurance sports. Marathon running, swimming, and soccer are excellent choices for them. ², basketball may also be a great option. Ectomorphs also generally do well in gymnastics.

Mesomorph body types are the stereotypical image of an athlete. ³. Mesomorphs can put on or lose weight easily and build muscle quickly. ⁴. Possibilities range from weightlifting and boxing to sprint running and bike racing for shorter distances.

A person who is an **endomorph** naturally carries more body fat. ⁵. They are often short, with a high waist, and well developed upper arms and thighs. While it may seem that an endomorph will not be very athletic, they can be very good at power sports because of their larger mass. ⁶, but strength activities like wrestling, discus-throwing, or power-lifting can be a great fit.

A few extra considerations

It is important to note that the three body types are extremes. No one is 100% ectomorph or completely endomorph. ⁷. Another key point is that diet and environment also contribute to athletic ability and genetics plays a large part. And the most important thing is to choose a sport you enjoy. The best exercise of all is the one that you will do!

- b Read the article again. Complete the article with A–G.

- A A person with this body type has more choice of sports
- B For the same reason, it takes them longer to build muscle
- C Their arms and legs are muscular and they have broad shoulders and narrow hips
- D Everyone is a little bit of a mix
- E If a person with this body type is very tall
- F It is difficult for them to lose weight, but they gain muscle rapidly
- G This body type is not suited for agility and speed

▶ CAN YOU understand these people?

- 6.21 Watch or listen and choose a, b, or c.



- 1 Philomena enjoys _____.
 - a watching tennis
 - b doing gymnastics
 - c watching diving
- 2 Rachel says that most people she knows who have been out with someone they met online _____.
 - a are still with the other person
 - b married the person they met
 - c broke up with the person they met
- 3 Sometimes Gina would write on _____ to cheat on an exam.
 - a her hands or paper
 - b her book or her hand
 - c a tissue
- 4 Tyler likes *John Wick* because it has _____.
 - a a good love story
 - b a lot of action
 - c his favorite actor
- 5 Miranda chose a picture for her profile photo because _____.
 - a she liked how she looked in it
 - b it was taken in Las Vegas
 - c it was taken on her wedding anniversary

CAN YOU say this in English?

Check (✓) the box if you can do these things.

Can you...?

- 1 ☐ tell an anecdote about something that happened to you using the simple past, past continuous, and past perfect
- 2 ☐ talk about three past and three present habits of yours
- 3 ☐ describe a movie, saying where it was set, what it is based on, who it was directed by, and what you thought of it
- 4 ☐ make deductions about a photo on a friend's phone using *might be*, *must be*, and *can't be*

