# Changing lives

Only I can change my life. No one else can do it for me. Carol Burnett, US actress & comedienne

present perfect + for / since, present perfect continuous V strong adjectives: exhausted, amazed, etc. P sentence stress

- 1 **GRAMMAR** present perfect + for / since, present perfect continuous
- Write the words and phrases from the list in the correct column.

2015 a lon I was very y					nonths
two weeks	three	days	Tues	sday	years
for		Τ.	since	2367	

for	since	
	2015	

b Complete the sentences with the present perfect simple form of the verb in parentheses and for or since.

1	l <u>'ve had</u>	my car <u>for</u>	
	about a month.		

2	My mom		sick
		weeks. (be)	

3	We	each other		
		we were in college, (know)		

4	Owen	for the same
	company	five years. (work)

5	Dan and Vicky	in
	Boston	they got married
	(live)	200

6	My parents_		_ gardening
		they were young	Transition Corp.

	8 -	tricy were young. (love)
7	f	to go to Australia
		a long time, (want)

			88	
8	Lola	t	o me	
		last year (no	tonon	1

		AND THE PROPERTY OF THE PROPER
9	1	my grandparents
		a facility of the control of

		a long time. (not see)
10	Max	Ayesha
		they were in school together
	(like)	

c Complete the conversations with the present perfect continuous form of the verbs.



- A Did you know that Amy's in a band?
- B No. Have they been playing together for a long time? (they / play)



- A How long was your flight?
  - B Twelve hours. all day. (we / travel)



- A My brother has a very good job in New York.
  - B Really? How long\_ there? (he / work)



- A Diana has finally moved into a new apartment.
  - B Oh good!\_ one for a long time. (she / look for)



- A Why does Marco's teacher want to see you?
  - his homework lately. (he / not do)



- 6 A You're late.
  - B Yes, I know. Sorry. long? (you / wait)



- You look exhausted.
- kids all day! (I / look after)



- A How's your soccer team doing, Pete?
- B Pretty good, but \_ recently. I hurt my foot. (I / not play)

d	d Circle the correct form. If both forms are possible, check (✔) the sentence.						
	1	How long have you lived / have you been living abroad?					
	2	I've studied (I've been studying) Chinese for two years.					
	3	My parents have had / have been having the same car for ten					
		years.					
	4	How long has Mark played / has Mark been playing the bass guitar?					
	5	Alex has worked / has been working in this school since he started teaching.					
	6	I've known / I've been knowing her for years.					
	7	We've gone / We've been going to the same dentist since we were children.					
	8	You've worn / You've been wearing the same coat for years!					
	9	How long have you ridden / have you been riding horses?					
	10	I've washed / I've been washing the car; it looks much					
		cleaner now.					
e What have you been doing recently? Write five sentences. Use the ideas from the list or your own ideas.  a book a hobby a job a new habit a sport a TV show your work / studies							
		I've been eating more vegetables because I want to be healthier.					
		I have exams, so I've been studying.					
	1						
	2	9					
	3						
	4						
	5						
2	P	RONUNCIATION sentence stress					
a							
	1 I've been <u>traveling all day</u> .						
	2	have they					
	been?						
		She's been since					
	4	They been					
	1000	for					
	5	We've been the					
	6	L heen .					

### 3 VOCABULARY strong adjectives

a Match the regular adjectives 1–14 to the strong adjectives a–n.

1	tired	<u>_d</u> _	a	amazed
2	surprised		b	boiling
3	big		С	delighted
4	cold		d	exhausted
5	dirty	:	e	filthy
6	funny	s <del></del> 8	f	freezing
7	happy		g	furious
8	hot	3 <del>-1-1-1</del> 0	h	fascinating
9	hungry		i	hilarious
10	interesting		j	huge
11	small		k	positive
12	sure		1	starving
13	afraid		m	terrified
14	angry		n	tiny





rhythm.

#### b Complete the sentences with the strong adjectives from a.



1 The couple is <u>delighted</u>



2 They're \_\_\_\_\_



3 It's really \_\_\_\_\_



4 He's \_\_\_\_\_



5 It's a \_\_\_\_\_ hamster.



6 She's absolutely \_\_\_\_\_

## c Complete the sentences with the strong adjectives from a.

- 1 The temperature has been going up all week, and now it's absolutely <u>boiling</u>.
- 2 I'm \_\_\_\_\_ that you don't know the name of the president of the US.
- 3 Tom's parents have just found out he's been missing school, so they're \_\_\_\_\_\_.
- 4 I've been watching a horror movie, and now I'm absolutely \_\_\_\_\_\_.
- 5 We're \_\_\_\_\_ because we've hiked 8 miles today.
- 6 That movie is \_\_\_\_\_! We laughed all the way through it.
- 7 This book is \_\_\_\_\_\_. I've learned so much from it.
- 8 I've been thinking about your question, and now I'm \_\_\_\_\_\_ I know the answer.

#### d Complete the sentences about you.

- 1 The last time I had a huge meal was when \_\_\_
- 2 The weather was absolutely boiling when I \_\_\_\_
- 3 One of the most hilarious movies I've seen is \_\_\_\_\_
- 4 I felt really exhausted when I
- 5 When I'm absolutely starving, the thing I most want
- 6 I was delighted with a present I got \_\_\_\_\_
- 7 I saw a fascinating TV show recently about
- 8 Something that makes me furious is \_\_\_\_\_\_