G unreal conditionals V feelings P word stress in three- or four-syllable adjectives

#### **SPEAKING**

- Read survival questions 1–6. How do you think you would you feel in each situation: calm, nervous, scared, or terrified?
  - 1 What would you do if you woke up in the middle of the night and thought that you could hear an intruder?
    - a I'd confront the intruder.
    - b I'd keep still and quiet and hope that the intruder would go away.
    - c I'd lock myself in a room and call the police.
  - 2 What would you do if you were driving and your brakes stopped working?
    - a I'd put the car in neutral gear.
    - b I'd put the car in a lower gear.
    - c I'd put the emergency brake on.
  - 3 What would you do if you were caught out in the countryside in a thunderstorm?
    - a I'd go down on my knees and make myself into a ball.
    - b I'd lie flat on the ground.
    - c I'd shelter under a tree.
  - 4 What would you do if you fell through ice into a lake?
    - a I'd take off my clothes and shoes and try to keep afloat.
    - b I'd try to climb onto the ice from the place where I'd fallen in.
    - c I'd keep as still as possible and shout for help.
  - 5 What would you do if you were hiking alone in the mountains and you got completely lost (and there was no cell phone signal)?
    - a I'd stay where I was and wait to be rescued.
    - b I'd keep walking and try to find my way to my destination.
    - c I'd try to find my way back to where I'd started from.
  - 6 What would you do if you were skiing out of bounds and were buried in an avalanche?
    - a I'd push my ski poles up through the snow to attract attention.
    - b I'd curl into a ball and cover my head and wait to be rescued.
    - c I'd use swimming movements to try to get to the surface.
- **b** Now answer the questions, choosing a, b, or c. Compare answers in groups of three and give reasons.
- C Communication It's an emergency! A p.108 B p.112 C p.114 Work in the same groups of three. Read the answers to the situations, then explain what you should and shouldn't do.
- d Did you choose the correct answers to the questions in **b**?

# **READING & LISTENING**

Read the description of a reality TV show. Do you have any similar programs in your country?

The Island with Bear Grylls is a reality TV program narrated by Bear Grylls, a well-known adventurer. It features two groups of participants who are placed on a remote, uninhabited Pacific island for five weeks, to test their survival skills. They are left alone, with only the clothes they are wearing and some basic tools and training. In season five, the groups were divided according to whether they were high or low earners.

- **b** Read the first part of an interview with Ali Brookes on p.47. Would you like to learn any of these survival techniques? What do you think you would miss if you were on the island?
- c Read the interview again. Choose the best words to complete the gaps.
  - 1 challenge program aim
  - 2 because since so
  - 3 actually anyway apparently
  - 4 complicated difficult easy
  - 5 across over through
  - 6 hurt injured sick
  - 7 if unless until
  - 8 Although As However
  - 9 as well even though
  - 10 definitely ideally obviously



# **ALI BROOKES,**

A 29-YEAR-OLD DOCTOR, WAS A PARTICIPANT IN SEASON FIVE, IN THE "HIGH EARNERS" GROUP.

#### Why did you decide to apply?

I'd always really enjoyed watching *The Island with Bear Grylls*. And I think it's really the ultimate <sup>1</sup>\_\_\_\_\_\_, being stranded on a desert island, having to survive there with no help at all. I love being outdoors and going on adventures, <sup>2</sup>\_\_\_\_\_ that side of it really appealed to me as well. So I sent off my application form, and the next thing I knew, I had a couple of interviews, and then I got a phone call saying they wanted me to go on *The Island!* Never in a million years, when I applied, did I think I'd <sup>3</sup>\_\_\_\_\_ get to go. So I was absolutely stunned when they told me they wanted me to go on the program, but at the same time, I was thrilled! And two weeks later, we were off on a plane to the island.

#### What survival techniques did you learn?

So we learned a whole range of survival techniques. We learned how to make fire, which was actually guite complicated. You had to get the right wood from a particular type of tree on the beach, and then use pieces of that wood, and a shoelace to make fire. In our training, they made it look , they had the fire lit within a few minutes. But in reality, it took us a couple of days before we made fire, but we did get it, which was amazing. Once we had fire, we could then boil water for drinking. The water we found was brown and green and had stuff floating in it, so we would filter it 5 a pair of pants or a shirt to get rid of the big clumps of dirt, and then we would boil it to kill off any bacteria or parasites. Amazingly, nobody got 6 drinking the water during our whole five weeks on the island. They also taught us how to build shelters to protect ourselves from the bad weather. In practice, the shelters were not that waterproof and we had a lot of very wet, cold nights. They taught us how to navigate by the sun and how to build up a map of the island as we explored it. It didn't stop us from getting lost though.

#### Who or what did you miss most?

Before I went on the show, I said I'd miss my husband the most. But in fact, the thing I missed the most was most definitely food. It was all I could think about, and 7 I couldn't sleep, I would go through a list of different pizza toppings in my head to try and get to sleep. I really missed having a we did build shelters off the good nights' sleep. 8 ground to stop us from getting bitten by the insects and other creepy crawlies, it was really uncomfortable. Having clean clothes, I missed that 9\_ \_. Putting on dirty, wet socks every morning is one of the worst feelings. Of course, I missed my friends and family too, but actually what I realized was that I didn't miss many things. I 10 didn't miss having a phone, or a computer, or the internet. Though as I said, I did miss clean, dry socks.

- e You're going to listen to Ali talk about her best and worst experiences on the island. First, read some things she mentions. Do you think they were things she enjoyed (✓), or things she found difficult (✗)?
  - most of what we ate was yucca, which is like a potato
  - the water we had to wash in was the ocean
  - when it rained
  - we were meeting all these new people we'd never met before
  - (He) threw us out of the boat and told us to swim to the island
  - we had a sports day and we had a talent show
  - leaving the island
- f <a>5.2</a> Now listen to the second part of the interview with Ali and check your ideas in e.
- g Listen again. What does she say about...?
  - 1 a few coconuts
- 4 a communal shelter

- 2 a wild boar
- 5 35 days
- 3 tension and arguments
- h How many of the 16 people survived the whole five weeks? What general lesson did the participants learn as a result of their time on the island? Do you think you could survive on the island?

# 3 VOCABULARY & PRONUNCIATION

feelings; word stress

| So, I was absolutely $^1$ when they told me they wanted me to go on the program, but at the same time, I was $^2$ .        |
|--|
| seeing Bear pull up on his boat to come and collect us was just an amazing feeling. I felt both really $^3$ and super $^4$ |

- b **v** p.157 **Vocabulary Bank** Feelings
- c 05.7 Listen to some conversations and look at the extracts. <u>Un</u>derline the stressed syllable in the **bold** adjectives.
  - 1 Please come quickly. I'm des pe rate.
  - 2 You weren't o | ffen | ded by what I said, were you?
  - 3 To be honest, I was a little disappoin ted.
  - 4 I'm completely be will dered by so much information.
  - 5 I was a sto nished I really wasn't expecting it.
  - 6 Yes, we'd be delighted to. Thank you so much.
  - 7 They were de va sta ted. It was such a shock.
  - 8 I was absolutely horr i fied. It was an awful accident.
  - 9 I'm completely overwhelmed I don't know what to say.
- d Practice saying the extracts, copying the intonation and stressing the correct syllable in the adjectives.
- e Choose three adjectives from **c** and tell your partner about a time or a situation when you felt like that.

## 4 READING & LISTENING

- a How much do you know about the Amazon rainforest? In small groups, complete the missing words.
- The Amazon rainforest is in the continent of South

  America. It is roughly the size of A\_\_\_\_\_.
- It covers a total of nine countries, including **Br**Bolivia, **P**\_\_\_\_\_\_, Ecuador, **C**\_\_\_\_\_\_, Venezuela,
- Guyana, Suriname, and French Guiana.

  The Amazon River, which flows through the northern part of the forest, is the s -l river in the world.
- **4** The tree canopy is so thick that the forest floor is always **d**\_\_\_\_\_\_. Some trees grow up to 200 feet high.
- 5 There are about 50 indigenous **tr**\_\_\_\_\_living in the forest that have never had any **c**\_\_\_\_\_with the outside world.
- 6 Some of the most dangerous animals in the world live in the forest; these include poisonous **sn\_\_\_\_\_**, **fr\_\_\_\_\_**, and **sp\_\_\_\_**, as well as jaguars and piranhas.
- **b** Read the beginning of a true survival story and then answer the questions below.
  - 1 What was the three friends' original plan? How did this change?
  - 2 What caused tensions between...?
    - a the three men and the guide b Kevin and Marcus
  - 3 Why did they finally separate into two pairs? How did they decide to travel?

Which pair would you have chosen to go with? Why? How would you have felt if you had been in Marcus's situation?

c You are going to listen to part of a documentary and find out what happened to the four men. After each part, answer the questions with a partner.

**35.8** 

- 1 What happened to Kevin and Yossi on the raft?
- 2 What piece of luck did Yossi have?

Whose situation would you rather have been in, Kevin's or Yossi's? Why?



**35.9** 

- 3 How were Kevin and Yossi feeling?
- 4 What happened to Yossi on his first night alone in the jungle?

What would you have done if you had been in Yossi's situation?



# LOST IN THE JUNGLE

FOUR YOUNG MEN WENT INTO THE AMAZON JUNGLE ON THE ADVENTURE OF A LIFETIME. ONLY TWO OF THEM WOULD COME OUT ALIVE...



In 1981, three friends went backpacking in the Amazon rainforest in a remote area of Bolivia: Yossi Ghinsberg, 22, and his two friends Kevin Gale, 29, and Marcus Stamm, 29. They hired an experienced guide, an Austrian named Karl Ruprechter, who promised that he could take them deep into the rainforest to an undiscovered Indian village. Then they would

raft nearly 125 miles back downriver. Karl said that the journey to the village would take them about seven days. Before they entered the jungle, the three friends made a promise that they would "go in together and come out together."

The four men set off from the town of Apolo and soon they had left civilization far behind. But after walking for more than a week, there was no sign of the village, and tensions began to appear in the group. The three friends started to suspect that Karl, the guide, didn't really know where the Indian village was. Yossi and Kevin began to get fed up with their friend Marcus because he was complaining about everything, especially his feet, which had become infected and were hurting.

**Eventually,** they decided to abandon the search for the village and just hike (instead of rafting) back to Apolo, the way they had come. But Kevin was furious because he thought that it was Marcus's fault that they had had to cut short their adventure. So, he decided that he would raft down the river, and he persuaded Yossi to join him, but he didn't want Marcus to come with them. Marcus and Karl decided to go back to Apolo on foot. The three friends agreed to meet in a hotel in the capital La Paz in a week.

**Early the next morning,** the two pairs of travelers said goodbye and set off on their different journeys...

#### **5.10**

5 Why did Yossi's spirits change from desperate to optimistic, and then to desperate again?

How would you have felt at this point? What do you think had happened to Kevin?



#### **5.11**



- 6 What had Kevin been doing all this time?
- 7 What did Kevin decide to do?
- 8 Why was he incredibly lucky?

If you had been Kevin, what would you have done now?

#### **3**5.12

- 9 How did Kevin first try to get help?
- 10 Why was it unsuccessful?
- 11 What was his last attempt to find his friend?



#### **5.13**



- 12 How long had Yossi been on his own in the jungle? How was he?
- 13 What did he think the buzzing noise was? What was it? What do you think might have happened to Marcus and Karl?

d Do you think you would have survived if you had been in Yossi's situation? Would you have done anything differently? Who do you sympathize with most?

Fill in the blanks with the verbs in the correct

# 5 **GRAMMAR** unreal conditionals

| te | ense.  |                                 |
|----|--|---------------------------------|
| 1  | What would you do if youin the mountains and you   | _ (hike) alone<br>_ (get lost)? |
| 2  | If I thought that I could hear an intruder in I (call) the police and I (not confront) the intru |                                 |
| 3  | What would you have done if you<br>(be) in Yossi's situation?                                    |                                 |
| 4  | If Kevin hadn't looked for his friend, Yossi   |                                 |

b Look at sentences 1–4 again. Which two refer to a hypothetical situation in the past? Which two refer to a hypothetical situation in the present or future?

# c G p.140 Grammar Bank 5A

d With a partner, write two conditional story chains, one with second conditionals, and one with third conditionals.

| If_                                   |   |  |
|---------------------------------------|---|--|
| If_                                   |   |  |
| If_                                   |   |  |
|                                       |   |  |
| lf I                                  | had one year off work, I'd go to South Africa.    |  |
| lf I                                  | went to South Africa, I'd probably go on a safari |  |
| If I hadn't been feeling so terrible, |   |  |
| lf _                                  |   |  |
|                                       |   |  |
| lf _                                  |   |  |
| lf                                    |   |  |

e Read your stories to another pair. Whose did you like best?

#### 6 WRITING

© p.118 Writing A blog post Write a post about how to keep safe in different situations.

# How to keep children safe in your home







You probably think that your home is a very safe place. But this may not be true if you have children coming to visit. Here are some tips to prevent accidents. / First, look at the bedroom where the children are going to sleep. Make sure the beds are not under a window, in case a child tries to climb out. If a very small child is going to sleep in the bed, you could put some pillows on the floor next to the bed, in case the child falls out. The next place to check is the bathroom. Many people keep medicines in a drawer or on a shelf above the sink. But this can be dangerous, because children may find them and think they are candy. You should keep them in a locked cabinet. Finally, take a look at the kitchen, which is the most dangerous room in the house for children. Knives should be kept in drawers that children can't reach, and make sure that all cleaning liquids are in high or locked cabinets. If you follow this simple advice, children who come to stay will never be at risk in your home.

16:03 Thursday 2nd May

- Look at the three pictures. What do you think should and shouldn't have been done? Read the advice from a health and safety blog and check.
- This blog post was originally written in five short sections. Mark / where each new section should begin.
- You are going to write a health and safety blog post. With a partner, choose one of the titles below.

How to keep safe if you go hiking in the mountains

How to keep safe on a day at the beach How to keep safe on a long drive

- Plan the content.
  - 1 Think of at least three useful tips.
  - 2 Think of a good introductory sentence (or sentences).

Write 140-190 words, organized in paragraphs. Use expressions from Useful language below, and write in a neutral or informal style.

Useful language: giving advice

Don't forget to ... / Remember to ...

Make sure you...

You should...

Never...

Reasons

- ...in case
- ...so (that)
- ...because it might...
- Check your blog post for mistakes (grammar, punctuation, and spelling).





# unreal conditionals

second conditional sentences: if + simple past, would / wouldn't + base form

- 1 If there was a fire in this hotel, it would be very difficult to escape.
- **3**5.14
- I wouldn't have a car if I didn't live in the suburbs.
- 2 If it wasn't raining so hard, we could get to the top of the mountain.
- 3 If I were you, I'd make Jimmy wear a helmet when he's riding a bike.
- 1 We use second conditional sentences to talk about a hypothetical or imaginary situation in the present or future and its consequences.
- 2 In the *if*-clause you can also use the past continuous. In the other clause you can use *could* or *might* instead of *would*.
- 3 With the verb be you can use was or were for I, he, and she in the if-clause, e.g., If Dan was / were here, he would know what to do. However, in conditionals beginning If I were you... to give advice, we always use were.

third conditional sentences: if + past perfect, would / wouldn't have + past participle

- 1 If they had found the river sooner, they would all have survived.
  - have survived.

    I wouldn't have gotten lost if I hadn't taken the wrong path.
- 2 He would have died if he hadn't been wearing a helmet.

  If the weather had been better, I might have arrived earlier.

- 1 We use third conditional sentences to talk about a hypothetical past situation and its consequences.
- 2 You can also use the past perfect continuous in the *if-*clause. You can also use *could have* or *might have* instead of *would have* in the other clause.
- In the past perfect simple and continuous, had can be contracted to 'd, e.g., If they'd found the river sooner...

## second or third conditional?

- 1 If you came to class more often, you would probably **35.16** pass the exam.
- 2 If you had come to class more often, you would probably have passed the exam.
- Compare the two conditionals:
  - 1 = You don't come to class enough. You need to come more often if you want to pass the exam.
  - 2 = You didn't come to class enough, so you failed.

### Mixed conditionals

We sometimes mix second and third conditionals if a hypothetical situation in the past has a present / future consequence, e.g., You wouldn't be so tired if you had gone to bed earlier last night.

If he really loved you, he would have asked you to marry him.

a Complete the sentence with the correct form of the verb in parentheses, using a second or third conditional.

If Tim hadn't gotten injured, he would have played in the championship game. (not get injured) so much food if you'd told me you weren't hungry. (not make) 2 If I were you, I \_\_ money to members of your family. (not lend) 3 If Jack were here, I him to help me. (ask) an accident if he hadn't been driving so fast. (not have) 5 I'd run a half-marathon if I \_ in better shape. (be) 6 If you where you were going, you wouldn't have fallen. (look) 7 I'm sure you dancing if you came to the classes with me. (enjoy) 8 We'd go to the local restaurant more often if they the menu from time to time. (change) 9 Nina wouldn't have gone abroad if she \_\_\_\_\_ to find a job here. (be able)

they might have given you one. (ask)

for a discount in the store,

**b** Complete the sentence using a second or third conditional.

|   | You didn't wait ten minutes. You didn't see Jim.  If you'd waited ten minutes, you would have seen Jim. |
|---|---|
| 1 | Luke missed the train. He was late for the interview.   |
|   | If Luke the train, he   |
|   | late for the interview.   |
| 2 | Maxie didn't buy the top. She didn't have enough money  |
|   | Maxie the top if she  |
|   | enough money.   |
| 3 | It started snowing. We didn't reach the top.  |
|   | If it snowing, we   |
|   | the top.  |
| 4 | Rebecca drinks too much coffee. She sleeps badly.   |
|   | If Rebecca so much coffee, she  |
|   | badly.  |
| 5 | I don't drive to work. There's so much traffic.   |
|   | I to work if so   |
|   | much traffic.   |
| 6 | Matt doesn't work very hard. He won't get promoted.   |
|   | If Matt harder, he  |
|   | promoted.   |
| 7 | We ran for the bus. We caught it.   |
|   | If we it.   |

10 If you \_\_\_

# **Feelings**

## 1 ADJECTIVES

a Match the feelings and the situations.



- 1 B "I feel really miserable." /'mɪzrəbl/
- 2 F "I feel a little homesick." /'houmsik/
- 3 "I'm a little disappointed." /dɪsəˈpɔɪntəd/
- 4 "I'm very lonely." /'lounli/



- 5 "I'm incredibly **proud**." /praud/
- 6 "I'm really **fed** <u>up</u>." /fed 'Ap/
- 7 "I'm very **grateful**." /'greɪtfl/
- 8 "I'm very upset." /ap'set/
- 9 "I'm so relieved." /rɪˈlivd/
- 10 "I'm very offended." /əˈfɛndəd/
- A You discover that your beloved dog has disappeared.
- B You've been stuck at home all weekend and it's been raining.
- C A stranger gives you a lot of help with a problem.
- D You are abroad and you think someone has stolen your passport, but then you find it.
- E You don't get a job you were hoping to
- F You go to study abroad and you're missing your family and friends.
- G You move to a new town and don't have any friends.
- H You've been doing the same job for a long time and it's really boring.
- I Someone in your family wins an important prize.
- J A friend doesn't invite you to his wedding.

b **15.4** Listen and check.

## **2 STRONG ADJECTIVES**

a Match the strong adjectives describing feelings with their definitions.

astonished /əˈstɑnɪʃt/ bewildered /bɪˈwɪldrd/ delighted /dɪˈlaɪtəd/ desperate /ˈdɛspərət/ devastated /ˈdɛvəsteɪtəd/ horrified /ˈhɔrəfaɪd/ overwhelmed /oʊvərˈwɛlmd/ stunned /stʌnd/ thrilled /θrɪld/

| 1 stunned | very surprised and unable to move or react                               |
|-----------|--|
| 2         | extremely upset  |
| 3         | very happy and excited   |
| 4         | incredibly happy   |
| 5         | (SYN amazed) very surprised  |
| 6         | _ with little hope, and ready to do anything to improve<br>the situation |
| 7         | _ feeling such strong emotions that you don't know<br>how to react       |
| 8         | extremely confused   |
| 9         | extremely shocked or disgusted   |

b **15.5** Listen and check.

**ACTIVATION** Make true sentences for five of the adjectives in **1a** and **2a**.

# 3 INFORMAL OR SLANG WORDS AND EXPRESSIONS

- a Look at the <u>highlighted</u> words and phrases and try to figure out their meaning.
  - 1 B I was scared stiff when I heard the bedroom door opening.
    /skerd 'stif/
  - 2 You look a little down. What's the problem? /daun/
  - 3 I'm absolutely worn out. I want to relax and put my feet up. /worn aut/
  - 4 When I saw her, I couldn't believe my eyes. She looked ten years younger.
  - 5 I'm sick and tired of listening to you complain about your job.
  - 6 He finally passed his driver's test. He's jumping for joy!
- **b** Match the words and phrases in **a** to the feelings.

A sad or depressed D exhausted

B terrified E fed up or irritated

C extremely happy F astonished

c ①5.6 Listen and check.

**ACTIVATION** Cover the sentences in **a**. Look at the feelings in **b**. Remember the informal words and expressions.

G p.47