The amount of sleep required by the average person is five minutes more. Wilson Mizener, American playwright

G used to, be used to, get used to V sleep P /s/ and /z/

GRAMMAR used to, be used to, get used to

- Circle the correct word.
 - 1 Before my sister had children, she used to sleep) / sleeping for eight hours every night.
 - 2 When we moved to Thailand from the US, we weren't used to drive / driving on the left.
 - 3 Chris got divorced last year, but he soon got used to live / living on his own.
 - 4 I used to / use to know her well, but we lost touch after college.
 - 5 Max would / used to have a beard when he was a student.
 - 6 My parents are slowly getting used to be / being retired.
 - 7 My new job is exhausting. I'm not used to work / working so hard.
 - 8 Did you use to play / playing a musical instrument in school?
 - 9 When Lily was a teenager, she used to / was used to eat pizza almost every day.
 - 10 When I was a child, my mom would I was used to read to me every night before I went to bed.
- Complete the sentences with the base form or gerund of a verb from the list.

	e cook go have live ay study take care of talk use			
1	I used to play basketball well when I was a teenager.			
2	Neil is a chef, so he's used to for a lot of people.			
3	My sister has gotten used to in New York now though she didn't like it at first.			
4	My grandparents didn't use to a phone when they were first married.			
5	I don't think I could get used to a total vegetarian.			
6	When I was a child, my whole family would for a walk every Sunday afternoon.			
7	Emma has never lived on her own before, so she isn't used to herself.			
8	Did you use to with music on when you were in college?			
9	Ben will have to get used to public transportation when he starts his new job.			
10	People used to to friends in person, not online.			

- Complete the second sentence so that it has a similar meaning to the first sentence. Use a form of used to, be used to, or get used to and a verb.
 - 1 Stephen wasn't so affectionate in the past. Stephen <u>didn't use to be</u> so affectionate.
 - 2 Has working at night become less of a problem now?

Have you ___

3 Rob couldn't sleep because he doesn't usually sleep on a sofa.

Rob couldn't sleep because he on a sofa.

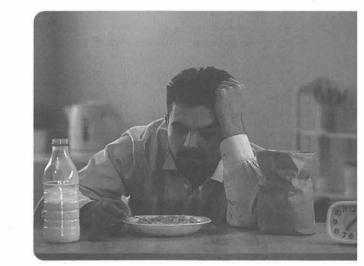
4 Chloe wore her sister's clothes when she was a child.

Chloe ___ her sister's clothes when she was a child.

5 We have adapted to living in the country very quickly.

We have __ country very quickly.

- 6 In the past, Main Street was full of stores, but now many have closed down.
 - Main Street full of stores, but now many have closed down.
- 7 They still don't know how to use the new computer system - they keep making mistakes. They haven't ____ computer system yet.
- 8 I don't usually have breakfast so early. I'm ______ breakfast so early.



d Write about things you used to / didn't use to do as a child and things you're used to / you've gotten used to doing these days.

When I was	a child		
These days.			

- 2 PRONUNCIATION /s/ and /z/
- a 06.1 Listen and complete the sentences.



- 1 Terry is <u>used to working</u> at night.
- 2 We've gotten ______ in a tiny apartment.
- 3 Antibiotics are drugs that are ______infections.
- 4 I never ______problems sleeping.
- 5 | ______ a room, but now I have my own.
- 6 A cart is a small vehicle that is _____ things.
- **b a** 6.1 Listen again. In which sentences is *used* pronounced /yuzd/ and in which is it pronounced /yust/?
- c \$\infty 6.1\$ Listen and repeat the sentences. Copy the rhythm.
- d Write the words in the correct column.

bus buzz cause course eyes ice loose lose peace peas place plays price prize race raise

S	
1 s nake	2 z ebra
bus	buzz

e 06.2 Listen and check. Then listen again and repeat the words.

VOCABULARY sleep

Complete the sentences.



1	I tried not to y <u>awn</u> , but I was tired and I couldn't help it.
2	We were cold in bed, so we got a bl from the closet.
3	She has to wear earplugs at night because her husband sn
4	I was feeling sl, so I went to bed.
5	My grandmother takes slpto help her to sleep.
6	If I get up early, I try to take a n after lunch.
7	It was warm and wonderful in the bed because there was a nice thick c on it.
8	I was so tired that I fell asleep as soon as I put my head on the p
9	
10	It's very hot in the summer where we live, so we only have a sh on the bed.
N	latch 1–9 to a–i.
1	Our neighbors often keep <u>f</u>
2	My husband is a light
3	l didn't hear last night's storm – l always sleep
4	Before I travel, I often have
5	On weekdays, I always set
	Our children were
	Apparently, I used to sleepwalk when I was a child;
	I often fall
9	If you oversleep,
а	nightmares about missing my flight.
b	fast asleep by the time we got home.
	you'll miss your bus.
	the alarm for seven o'clock.
	sleeper – the slightest noise wakes him up.
	us awake with their loud music.
100	asleep during long plane trips.
9.	like a log.
ĺ	one day my mother found me in the yard!

Complete the questions with the correct form of a verb from the list.

set s leep sleepwalk			
1	<u>Are</u> you a light sleeper, or do you sleep like a log? Why?		
2	Do you ever nightmares? What about?		
3	Do you wake up on your own, or do you need to an alarm?		
4	When was the last time you? What time did you wake up?		
5	How long does it usually take you toasleep?		
5	Do you know anyone who? If so, where do they usually go?		
7	What sometimes you awake?		
	When was the last time you fast asleep and something or someone woke you up?		
4	nswer the questions in c about you.		
1			
2			
3			
1			
5			
)			
,			

d

b