

One thing at a time

The bad news is time flies. The good news is you're the pilot. Michael Altshuler, American entrepreneur

G distancing V expressions with time P linking in short phrases

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1	LEXIS IN CONTEXT Multitasking and mindfulness	b	Complete the second sentence so that you distance yourself from the information. Use the correct form of the verb in parentheses.
	Look at the Lexis in Context on Student Book p.46. Then complete the sentences with the prepositions. 1 Please stop interrupting me; I can't concentrate on my work. 2 Because of poor sales during the recession, the company was faced closure. 3 My grandfather is in a home because he is no longer capable looking after himself. 4 While he was walking home, he became aware a figure behind him. 5 She works at the front desk, dealing customer questions. 6 The documentary focuses climate change around the world.		1 An employee leaked the information to the press. (say)
2 a	GRAMMAR distancing Complete the sentences with the words in the list. according agreed apparently appears believed expected may seem		the winner had been chosen before voting commenced. 7 The burglars entered through an open window. (might) The burglars through an open window. 8 The economic situation will improve by next year. (hope)
	 There are <u>believed</u> to be many homeless people living in the streets of the capital. It that there is a connection between eating too many carbohydrates and depression. 	3 a	the economic situation will improve by next year. VOCABULARY expressions with time Complete the sentences with the correct form of the verb in the list.
	 3 The senator is to announce his resignation by the end of the day. 4 to local residents, the man had always been a little strange. 5 The thieves have been disturbed while they were going through the rooms upstairs. 6 It would that there is some confusion about our new dress code. Workers are still 		give have make run save spare take wast 1 I spent all morning cleaning the windows and now it's raining. I shouldn't have <u>wasted</u> my time. 2 We a lot of time by getting the express train to New York City instead of changing at Croton-Harmon. 3 Alex has basketball practice every day and also on weekends. The sport up all his time.
	turning up in jeans. 7 It is that climate change is one of		4 Kate has too much to do. She can't even the time to Skype her friends.

5 My dad had never been to his team's stadium, but now he's

bought a season ticket, to _____ up for lost time.

6 Mom _____ me a hard time for failing my exams.

the greatest dangers facing the planet.

8 _____, the soccer player was arrested

because of an incident at a party last night.

PRONUNCIATION inking in short phrases Draw a line between the words that are linked.
Oliver's asking for some extra time off. My cousin Nick is never on time. I find doing housework takes up a lot of time. We walked to town because we had plenty of time. We seem to have run out of time. It's a matter of time before the sports center opens.
5.1 Listen and check. Practice saying the entences. 5.2 Listen and write six sentences.
Jo. 2 Listen and write six sentences.
ISTENING 5.3 Listen to a radio program about some new esearch on time. What is the science expert's good news"?
How we perceive time The brain takes time to process information from the

b

C

6 READING

- a Read the article once. How does the author answer the question in the title?
- **b** Read the article again and choose the right answers.
 - 1 How did the writer and the other participants of the meetings react to their colleague's lateness?
 - a They spoke to the person about it.
 - b They complained to their superiors.
 - c They accepted it.
 - d They weren't affected by it.
 - 2 According to Irvin Yalom, what is responsible for the way we behave?
 - a Our body clock.
 - b The way our minds work.
 - c Our religious convictions.
 - d The pressures of time.
 - 3 What does the writer imply was the reason that Berlusconi made Merkel wait?
 - a He received an important phone call.
 - b He wasn't ready for their meeting.
 - c He wanted to show his importance.
 - d He was having his photo taken.
 - 4 How do most people react when their lateness is out of their control?
 - a They don't really mind.
 - b They get very nervous.
 - c They blame someone else.
 - d They have different reactions.
 - 5 How does lateness have a "social value"?
 - a It affects other people.
 - b It makes us look good.
 - c It influences how we feel.
 - d It isn't important to us.

c Choose the right answers.

What do you think the writer means by ...?

- 1 The whole day lost its shape. (para 1)
 - a The day's schedule was ruined.
 - b The day was a complete disaster.
 - c The day became shorter.
- 2 ...are acting out an inner agenda (para 2)
 - a are pretending to be something they're not
 - b are trying to hide something
 - c are controlling a situation for their own benefit
- 3 It speaks volumes. (para 2)
 - a His phone call was very loud.
 - b His behavior tells you a lot.
 - c His phone call goes on for a long time.
- 4 ...the power of their absence. (para 3)
 - a the effect they have on the people they're with
 - b the effect they have on the people who are waiting for them
 - c the effect they have on their own lives



- 1. When I worked in an office, meetings would often start late, usually because of a certain individual. Then they would overrun and the whole day lost its shape. But the individual was high-ranking and self-important: nobody challenged. So what are the ethics of lateness?
- 2 There's a psychotherapist called Irvin Yalom who argues that all behavior reflects psychology. Just as people who like to be on time are motivated by certain deep-seated beliefs, so those who make others wait are acting out an inner agenda, often based on an acute sense of power. There's famous footage in which Silvio Berlusconi keeps Angela Merkel waiting while he makes a call on his mobile. It speaks volumes.
- 3 But that suggests all lateness is in one's control. What about when your train is canceled or your flight is delayed or you had to wait longer for the plumber to arrive? In such cases, there's not a lot of psychology involved. Or is there? Some people will genuinely worry about the impact it will have on those left waiting, while others might secretly enjoy the power of their absence.
- 4 The essential fact is that lateness means breaking a convention you can only be late in respect of a time agreed with other people. Regardless of psychology, it has a social value. And when we treat other people's time as less valuable than our own, we treat them as inferior.

d	Without looking back at the text, can you remember
	the nouns from the following verbs and adjectives?

1	superior	
2	behave	
3	late	
4	believe	
5	absent	