

Health

UNITAIMS

TASK 1 Paraphrasing and using synonyms
Checking spelling

TASK 2 Using general nouns to link and summarize ideas
Using cause and effect relationships Ensuring verb-subject agreement

Task 1 Paraphrasing and using synonyms

1 Think of at least one positive and negative effect of each of the developments in health provision in the pictures below. Mention consequences such as cost and relaxed atmosphere.



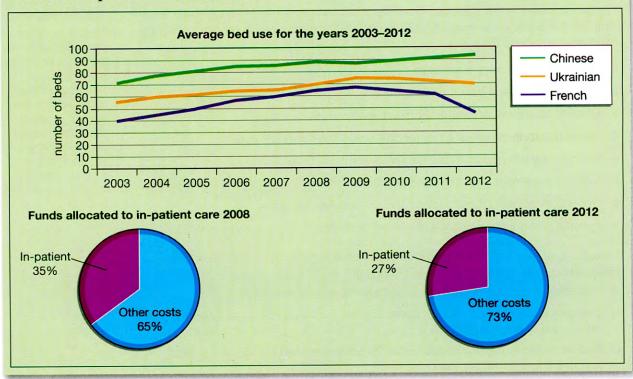
- 2 Answer these questions about hospitals and health care.
 - a What are the main priorities of health care in your country?
 - **b** How is health care delivered in your home country? If you want to consult a doctor, what do you do?
 - c Are medicines free or do you have to pay for them?
 - **d** What effect has technology had on medical care in your country?
- 3 Read the Task 1 question on page 71. Then answer questions a—e below.
 - a What general statement can you make about the whole graph? Look at the description and the graph itself.
 - b What general statement can you make about the French hospital?
 - c What general statement can you make about the Ukrainian hospital?
 - d How can you link the pie charts to the graph?
 - e How could you use these words to describe the graph?

trend upward similar pattern reach a peak except that saw a continuous rise change coincide

Task 1

The charts below show the average bed use in three typical hospitals internationally and the proportion of hospital budgets allocated to in-patient care before and after day-surgery was introduced in 2009.

Summarize the information by selecting and reporting the main features, and make comparisons where relevant.



4 Complete the text with words from the box. The first gap has been done for you.

peak ■ impact ■ clear ■ occupancy ■ trend ■ details marked ■ reduction ■ falling ■ significantly ■ rise ■ experienced

3	out the average beds in use each year in	n three similar hospitals
before and after the introduction of day-care	surgery.	
Day-care surgery seems to have had an 2 _	on bed use in all three	e hospitals. At the French
hospital, the figures show an upward 3	over the period from 40	beds in 2003. However, in
2009 bed 4 had reache	d a 5 of just under 70	0 beds, before
6 back. A similar patter	was repeated for the Ukrainian hospital	l, except that the decline
in bed use after 2009 was not so 7	(76 beds in 2009 as against	71 in 2012).
The Chinese hospital, by comparison, 8	a continual 9	in bed use
between 2003 and 2012, 71 and 93 respec	ively. However, we see that after 2010 th	ne rate of increase was
10slower than in previ	ous years.	
It is 11 that the fall in b	ed use coincides with the 12	in the average
budget at the three hospitals for in-patient and 2012.	are (35 per cent compared to 27 per cer	nt) between 2008

5 Look again at the words in the gaps in exercise 4 on page 71 and choose a synonym for each one from the box. You will not use all the words.

effect use tendency cut considerably low evident increase decrease dropping information result	
saw high point sharp dramatically	

- The descriptions below summarize the sentence structure of the text in exercise 4. Number the notes in the correct order, based on the sentences in the text. The first two have been done for you.
 - a General introductory statement.

 b General conclusion based on pie charts.

 c General statement of first main trend, then specific data.

 d General statement about a reinforcing trend, then specific data.

 e Specific statement qualifying the trend, without detail.

 f General statement about the line graph.
- 7 For each sentence a-g, there are three alternative phrases to replace the phrase in italics. Delete the option which is NOT correct.
 - a The graph provides details about bed use. (gives/says/shows)

General statement of contrasting trend, then specific data.

h Specific statement qualifying the trend, with detail.

- **b** The introduction of day-care surgery had an impact on bed use. (had an effect on/had an affect on/affected)
- c Bed use reached a peak of just under 70 beds. (reached its highest point/reached a height/hit a peak)
- **d** A similar *pattern* was seen in the Ukrainian hospital. (*design/trend/movement*)
- e The Chinese hospital, by comparison, continued to see a rise. (by contrast/on the other hand/alternatively)
- **f** The number of beds rose from 40 to around 45. (approximately/about/towards)
- **g** There was a reduction in the budget (35 per cent compared to 27 per cent). (as opposed to/as against/in contrast with)
- h The change in bed use is reflected in the budget. (can be seen in/can be viewed in/can be detected in)

Technique

Keep a record of synonyms and paraphrases of parts of text. Aim to use these when writing your answer to avoid repetition. Record your synonyms with a context and by theme if possible.

Checking spelling

1 In each group of four words, circle the one which is spelt incorrectly and correct it.

a	therefore	opposite	befor	limit
b	believe	achieve	recieve	brief
c	staying	stayed	studing	studied
d	usefull	helpful	hopefully	carefully
e	personaly	practical	usually	normal
f	efficient	sufficent	ancient	deficient
g	unfortunately	improvement	definitly	management
h	comfortable	diffrent	temperature	interested
i	choise	price	increase	advice
j	preferred	committed	refered	happened

Technique

Make a note of words that you have spelt wrongly in the past. In each word, underline the part that you tend to get wrong or write/ highlight this part in another colour.

- 2 Look again at your answers in exercise 1. Some of the spellings depend on simple rules. What spelling rules explain the misspelt words? Compare your ideas with the key on page 110.
- 3 Find and correct the spelling mistakes in the following sentences. One of the sentences has two spelling mistakes.
 - a The numbers declined gradualy and stood at just twenty in 2006.
 - **b** In-patient care took up 25 per cent of the funds, wich was an increase of six per cent on the previous year.
 - c A number of significant changes occured in the following twenty years.
 - d The percentage increased sharply and reached a pick in 2003.
 - e The figres rose from approximatly 45,000 to 49,000 over the period.
 - **f** Patient numbers rose steadily for the first ten years, and then flactuated around 500 for the following decade.
 - g The required number of beds exceded what was anticipated for that year.
 - h Most people in the servey thought that more money should be spent on the health service.
- 4 Read the following extract written by an IELTS student on the number of traffic accident victims seen at a local hospital. Find the eight mistakes that he made.

The averag number of road traffic acidents from cars increased dramaticaly between 1995 and the year 2000, rising from a total of 53 to 178 respectively. Over the next five years, there was a noticeable improvment as numbers fell steadilly to a new low point of 37 in 2006. As regard motorcycl accidents, however, it is clear the trend is upward, with more occurring in this category in the later period.

Task 2 Using general nouns to link and summarize ideas

1 Decide which of the items below are the most important for good health. Add at least one other lifestyle factor to the list.

taking regular exercise ■ carefully monitoring your diet ■ having a wide range of interests having a wide network of friends ■ living in the countryside ■ sleeping at least seven hours a night

2 Complete the paragraph by choosing the best adverb in each case.

The 1 normally/outlandishly/strangely beneficial effect that animals have on people's health and general well-being is now 2 essentially/goodly/well recognized. The idea may seem peculiar to some people, but 3 surprisingly/shockingly/unpredictably there is clear evidence of the partnership. Take the example of dolphins, which are 4 wildly/widely/hardly known for their healing qualities. Dogs have also been used to detect cancer cells very 5 deeply/professionally/accurately in patients and are 6 often/rarely/hardly even taken around hospital wards to be introduced to 7 seriously/hugely/deadly ill patients. The effects of this particular partnership are 8 importantly/really/well documented and have led to animals being used 9 frequently/seldom/lots to supplement conventional medicine.

10 Evidently/Clearly/Oddly, the message is that more money should be used to research how animals can benefit humans.

b	situation – examples – effects situation – effects – reasons – examples
C	omplete sentences a—i with a general noun from the box.
i	dea ■ information ■ issue ■ knowledge ■ measure ■ opinion ■ problem ■ scheme ■ solution
a	The best way to improve public health is to provide people with all the facts, but the
	needs to be made simple.
b	It is often suggested that national health systems should be modernized. However, many
	people are opposed to the of modernization.
c	Our programme to introduce new equipment succeeded in reducing waiting lists, but the
	improvement met with considerable resistance.
d	The government should invest more money in preventing drug abuse. This
	if taken, would save many lives.
e	Obesity is on the rise in many countries and not just in the developed world. It is now an
	that demands immediate attention.
f	More nurses need to be trained rather than doctors. This, I feel, is the best
	to the current crisis.
g	People are often aware of the dangers of smoking, but even with this widespread
	, it is difficult to persuade them to stop.
h	Some people are against the involvement of private companies in health care, but this
	is held by fewer people nowadays.
	Lack of health care is making the lives of many neonle miserable, yet it is a

that can be easily tackled.

5		or each of a-h, read the first sentence. Then complete the follow-up sentence wit se the general noun in italics to help you.	h your own ideas.
	a	Some people are concerned that increasing numbers of old people will mean on health care.	n more spending
		This issue	
	b	Conventional and alternative medicine can complement each other.	Technic

This idea could c In the future, health care will be much cheaper for everyone. This prediction

d The level of change within many national health systems is increasing. Initially, this may be a problem, but

e Health care costs are now worrying planners throughout the world. The situation, however,

f More emphasis should be put on preventive medicine, like health education. Measures like this

g Acupuncture is becoming more and more popular around the world. Not surprisingly, it is a trend

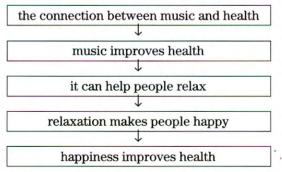
h If people live longer, this can lead to other costs and problems. This is a matter that

Using cause and effect relationships

- Choose one of the topics a-c below. Make a list of ideas for the topic you have chosen. Use the general nouns in the box to organize and trigger ideas.
 - a the connection between music and health
 - b how alternative therapies can influence health
 - c the connection between exercise and health

conclusion ■ effect ■ idea ■ information ■ issue
knowledge ■ matter ■ measure ■ opinion ■ prediction
problem scheme solution trend view example

2 Make a short plan for your idea using a cause and effect chain:



Write a paragraph based on your ideas in exercise 1. Remember to give reasons and examples, using the plan in exercise 2.

aue

Use the/this + general nouns to help you link sentences. This is an alternative to using linking devices such as moreover, etc and adds variety to your writing.



Technique

Keep a list of cause and effect verbs and collocations: make, produce, result in, cause, affect, improve, have an effect/have an impact on, lead to.

1

Ensuring verb-subject agreement

	ıring verb-subject agreement	Technique
Co	omplete the following sentences with is, are, has or have.	Check that the
a	The number of people who are suffering from stress on the increase.	subjects and the verbs in your
b	The fact that people live longer nowadays led to an increased number of elderly people in society.	sentences agree. Remember that the subject is not always
c	Predictions about how long a patient with cancer will live often inaccurate.	the closest noun to the verb, e.g. the
d	A ban on advertising all types of junk food probably the only way to stop the spread of obesity.	number of people rises each year (not rise because the verb
e	The pressurized situation in many hospitals resulted in a stressed workforce and low morale amongst nurses.	agrees with <i>number</i> , not people).
f	Elderly people who have a large family generally healthier and happier than those who have fewer contacts with other people.	
g	The reason why allergies are becoming more common still not known.	
h	An increasing number of patients seem to be dissatisfied with conventional medicine and turned to alternative therapies.	
	sentences a–g, replace the countable nouns in italics with an uncountable noun fr ake any other necessary changes in verb forms or pronouns.	om the box.
		general or collective
a	Everyone is aware today of the bad effects of smoking English. Make a list	tion are uncountable in t of common uncountable with examples of their use
b	Most doctors recommend a diet low in sugar and fat, and high in fibre. Unfortuthese <i>suggestions</i> are not often followed.	nately,
b c		
	Many nurses nowadays do not carry out basic care such as washing and feeding Instead, these tasks are carried out by health care assistants.	g patients.
c	Many nurses nowadays do not carry out basic care such as washing and feeding Instead, these <i>tasks</i> are carried out by health care assistants. Enormous <i>advances</i> have been made in understanding how disease spreads, by	g patients. ut the achines,
c d	Many nurses nowadays do not carry out basic care such as washing and feeding Instead, these <i>tasks</i> are carried out by health care assistants. Enormous <i>advances</i> have been made in understanding how disease spreads, be possibility of a worldwide pandemic is still with us. Many people enjoy keeping fit in the gym by using rowing machines, walking machines.	g patients. ut the achines,

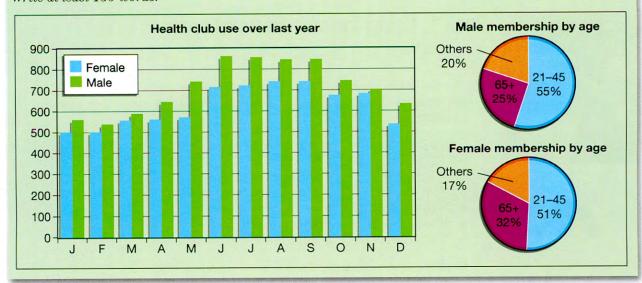
Practice Test 9

Task 1

You should spend about 20 minutes on this task.

The graph below shows the average monthly use of a health club in Miami, Florida by all full-time members in 2013. The pie charts show the age profile of male and female members. Summarize the information by selecting and reporting the main features, and make comparisons where relevant.

Write at least 150 words.



Useful language

men/women who used the health club ...
male/female health club users ...
members aged between 21 and 45 ...
members aged 65 or over ...
other age groups ...

In general, the health club was used more ...
The number of users rose/increased/decreased/
declined gradually in January/from January to
March/between January and March
21 to 45 year olds made up/accounted for ...

Task 2

You should spend about 40 minutes on this task. Write about the following topic:

The number of elderly people in the world is increasing. What do you think are the positive and negative effects of this trend?

Give reasons for your answer and include any relevant examples from your own knowledge or experience.

Write at least 250 words.

Useful language

As far as the workplace/home life/the economy is concerned ...

One obvious disadvantage is ...

Another drawback ...

One benefit associated with ...

Societies with a greater number of older people ... If a country has a substantial number of elderly people ...

Elderly people are more/less likely to ...