



Extensive reading: Food

1 Look at the picture. What are the people doing?



Some travellers arrived in a small village one day. They were tired and hungry, but they didn't have any food. They only had a large pot. The travellers asked the villagers for some food, but the villagers didn't trust the travellers and they didn't want to share their food.

The travellers were disappointed, but they had a plan. They filled their pot with water, dropped a large stone into it and put the pot on a fire in the village square. Then the travellers sat down around the fire and waited. Soon, a woman came to the square.

"What are you doing?" she asked. "We're making stone soup," said the travellers. "It's very tasty, but we really need some herbs to put in it."

"I've got some herbs," said the woman. "Can you give us some of your herbs?" the travellers asked. "Then we will share our soup with you."

The woman took a small bunch of fresh herbs from her basket and dropped it into the pot. She sat with the travellers and they talked while they waited for the soup to cook. After a while, a man came to the square. "What are you doing?" he asked. "We're making stone soup," said the travellers. "It's delicious, but we really need some meat to put in it."

"I've got some meat," said the man. "Can you give us some of your meat?" the travellers asked. "Then we will share our soup with you." The man put some meat into the pot, then he sat with the travellers and the woman and they all talked while they waited for the soup to cook.

More villagers came to the square. They all added food to the pot. Soon, they were good friends. The pot was full of meat, potatoes and vegetables, and it smelt wonderful. The travellers and the villagers shared the soup and they all enjoyed a wonderful meal.

2 Listen and read. 90 3 Answer the questions.

- 1 What did the travellers ask?
- 2 Why were the travellers disappointed?
- 3 What did the man put in the pot?
- 4 What did the woman put in the pot?

4 Look at the pictures. Where do you think these dishes are from?

My favourite dish



I'm Mehmet and I'm from Turkey. Turkish food is delicious and it's healthy, too. We eat a lot of fresh vegetables like peppers, onions and aubergines. We also eat a lot of meat, lentils, beans, yoghurt and nuts. In the summer, the weather is very hot, so we often eat light meals with lots of vegetables and fruit. My favourite dish is kebab. It's a traditional Turkish dish, and it's traditional in lots of other countries, too. You can have doner kebabs or shish kebabs. A doner kebab is meat cooked in a large block. You cut small pieces of meat from the block and put it in a piece of flat bread called a pita. A shish kebab is pieces of meat cooked on a stick. I usually put some tomatoes, onions, cucumber and yoghurt in the pita with my meat. Kebabs are very tasty!



My name's Arisa. I'm from Thailand. At meal times, we eat soups, salads, curries and fried dishes. We usually have a dessert, too. Some Thai dishes are very spicy. We sometimes have spicy food for breakfast, too. I like curry and rice with an egg on top for breakfast!

My favourite Thai dish is mango and sticky rice. It's a very sweet dish. You cook the rice with coconut milk and brown sugar. Then you make a sauce with more coconut milk and sugar. You put the rice and some fresh mango on a plate, then you put some of the sauce on top. You can eat it hot or cold. I often make mango and sticky rice with my grandma. We eat it for dessert, or for a treat on a hot day. It's delicious!



5 Listen and read.  91 6 Answer the questions.

- 1 What does Mehmet eat with his kebab meat?
- 2 What are the ingredients in mango with sticky rice?
- 3 Have you ever cooked a dish? What was it?
- 4 What's your favourite dish? What are the ingredients?