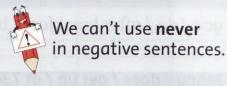
Adverbs of frequency





We use adverbs of frequency to talk about how often we do something. Look at the table.

Ben	L	L	L	L	L	Ben's always late.
Amy	L		L	L	L	Amy's usually late.
Mike	L		L	L		Mike's often late.
Tod		L			L	Tod's sometimes late.
Sue						Sue's never late.



We often use adverbs of frequency with the present simple. Look at their position in the sentence.

Jane sometimes goes to school by bus.

I don't often buy souvenirs.

We are usually asleep at 9 o'clock.

We can use ever to ask how often someone does something. Do you ever go to the sports centre?

1 Complete the table with \times , \checkmark , \checkmark , \checkmark , and \checkmark , \checkmark .

1 never	X
2 always	1111
3 sometimes	
4 usually	
5 often	

2	Complete	the sentences	with	adverbs	of	frequency	•
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1	Frank always	goes to the cafe before work.	///	
2	Marie	buys presents for her sister.	X	
3	Molly is	late for school.	JJ JJJ	
4	Peter doesn't	go to the library.		
5	W/e	eat ice cream after dinner	1	

3 Write sentences. Put the adverb in the correct position.

- 1 We go to the cinema. (sometimes)
 We sometimes go to the cinema.
- 2 They're early. (often)
- 3 She doesn't go to the swimming pool. (usually)
- 4 Calum and Jane go to the theatre. (never)
- 5 I buy a ticket. (always)
- 6 You don't visit. (often)
- 7 Our house isn't warm. (always)
- 8 I go to the café. (never)
- 9 I don't go to the library on Fridays. (always)

Time expressions

in

in June, in 2025

on

on Wednesdays, on Saturdaysevery Wednesday, every Saturday

BUT

on Wednesday, on Saturday= next Wednesday, next Saturday

at

at 6 o'clock, at midnight, at 7.15

My birthday's **in** March. It's her birthday **on** Wednesday. She always goes to the library **on** Tuesdays. School starts **at** 8 o'clock.

Mon	Tue	Wed	Thu	Fri	Sat
		X	X 2	\times	X
meet Mary	7	swimming	cinema	10	1
13	14		16	17	18
20	21	22	23	24	2
27	28	Swimming	30	21	N.
	20	Swimming	30	31	
	meet Mary 13	6 7 Meet Mary 13 14	8 7 8 Meet Swimming 13 14 15 Swimming 20 21 22 Swimming 27 28 29	6 7 8 9 Meet Swimming cinema 13 14 15 16 Swimming 20 21 22 23 Swimming 27 28 29 30	6 7 8 9 10 Mary Swimming cinewa 13 14 15 16 17 Swimming 20 21 22 23 24 Swimming 27 28 29 30 31

I'm meeting Mary today **at** 3 o'clock. I go swimming **on** Wednesdays, and **on** Thursday I'm going to the cinema.

4 Replace the bold words with an expression from the box.

-	on Tuesday	on Saturdays	on Monday	in July	on Tuesday	at 7.30	at midday
1	Today is Mo	onday. It's my b	irthday tomor	row.			
	It's mu hirt	hday on Tyes	dau				

2 My Mum goes to the shops every Saturday.

My Mum goes to the shops ______

Today is Sunday. We're going to a concert **tomorrow**.

We're going to a concert ______.

4 I'm eight. It's June. I'm nine **on 10th July**.
I'm eight. It's June. My birthday is ______

5 It's seven o'clock. My brother **is in his bedroom.**My brother goes to bed ______.

6 It's 11.50. We always have lunch in 10 minutes.
We always have lunch

7 It's Wednesday. I went shopping yesterday.
I went shopping ______

5 Put the words in the correct order.

- 1 Sophie's / on / Thursday / is / birthday Sophie's birthday is on Thursday.
- 2 go to / in / a concert / let's / June
- 3 always / on / stay in / Mondays / we
- 4 we / in / the café / Saturdays / meet / usually / on
- 5 sometimes / get home / John / midnight / at
- 6 February / in / are / they / fifteen

6 Use the pictures and words to write sentences.

1



- + on Friday
- He goes to the cinema on Fridays.

2



- usually / on Saturday
- She usually goes to the library on Saturdays.

3



+ not + often

4



+ sometimes

5



- SPORTS CENTRE
- always / + on Thursdays

6



- +
- + never