



1 Look at the page. What are the people doing?

2 Listen and read. 78

[home](#)
[about us](#)
[contact us](#)

Family Activity Holiday

Do you want a holiday that everyone can enjoy together? Are you an active family? Our three-day family activity holiday helps you get fit and have fun together. This holiday is suitable for all the family, including children from the age of five and above.

Our programme is packed with fun activities from morning until night. You will be in small groups with other families, and we make sure that the children in each group are of a similar age.

During the day, you can try rock climbing on our 15 metre climbing wall. Our expert instructors will show you how to wear harnesses and ropes to keep you safe at all times. You can try our high ropes and zip wire courses, and enjoy being up in the trees and flying through the air like a bird. A low ropes course is also available. We also spend a morning horse riding in the beautiful hills near our centre. Our ponies are very calm and well behaved, and you don't need any previous experience to take part. Our mountain bike ride is also very popular.

We offer water activities, too. We have a beautiful, clean lake where you can learn to sail, canoe and kayak, always with the help of our expert instructors.

In the evenings, there are games and sports activities for all the family. With so much to do, your family will never be bored!

This was my best family holiday ever! I went with my mum and dad, my brother James (age 6) and my sister Emily (age 12). The instructors were very friendly and helpful. I made lots of new friends. I recommend this holiday and we will come again next year.

Cerys, 10
London, UK.

Programme

Monday	AM Horse riding
	PM Rock climbing
Tuesday	AM Kayaking and canoeing
	PM Sailing
Wednesday	AM Mountain biking
	PM Zip wires in the forest

3 Read again and write *yes* or *no*.

- Can you sail on the lake? _____
- Can children aged nine do these holiday activities? _____

- Will families be in large groups? _____
- Has Cerys got a brother? _____

4 Ask and answer.

- Which activities do you like or dislike on this activity holiday?
- What do you usually do on holiday?

1 Describe the picture.

2 Listen and read. 79

The author Jonathon Swift wrote his book *Gulliver's Travels* in 1735. It is still very popular today, after more than 275 years. There are also famous films of the story.

Gulliver's Travels



A voyage to Lilliput

My name is Gulliver, and when I was a young man I went travelling. I joined a ship and sailed to the islands of the South Pacific. It was a brilliant voyage at first. We sailed across the Atlantic Ocean and the Indian Ocean. Suddenly there was a terrible storm and I fell into the water. Finally I swam to an island. I walked on the beach and looked around me. There were no people and no houses. I was very tired so I fell asleep on the sand.

When I woke up in the morning, I couldn't move. I was lying on my back and my arms and my legs were tied to the ground. I was very hot in the sun and I was frightened. Suddenly I saw a very small man. He was about 15 centimetres tall and he was walking on my leg. Then I saw lots of small men on my arms and my legs. I shouted and, in surprise, the men fell off my body. Then I spoke to them in English. They didn't understand my language, but they saw that I was friendly.



I pointed at my mouth to show I was hungry and they brought me some food. Their food was normal, but it was very, very small and it meant I had to eat a lot. I ate lots of tiny loaves of bread and lots of tiny pieces of cheese and a lot of meat. I finished my meal and then hundreds of men and thousands of horses carried me to their city. It was a very long journey.

When I arrived at the city, I looked around me. The houses were smaller than my feet and I was bigger than the trees. The king and the people were kind to me so I stayed on the island. I learned that I was in Lilliput and I learned their language. I played with their children and I gave them presents such as my watch and some coins. These things were enormous to them. Eventually, I left the city and travelled again.

3 Read again and put the sentences in the correct order.

a He went to an island. ☐

b He had some food. ☐

c He went on a ship. ☒

d He went to a city. ☐

e He fell into the sea. ☐

f He saw some little men. ☐

4 Ask and answer.

1 Did you enjoy the story? Why?

2 Would you like to travel by ship? Why?