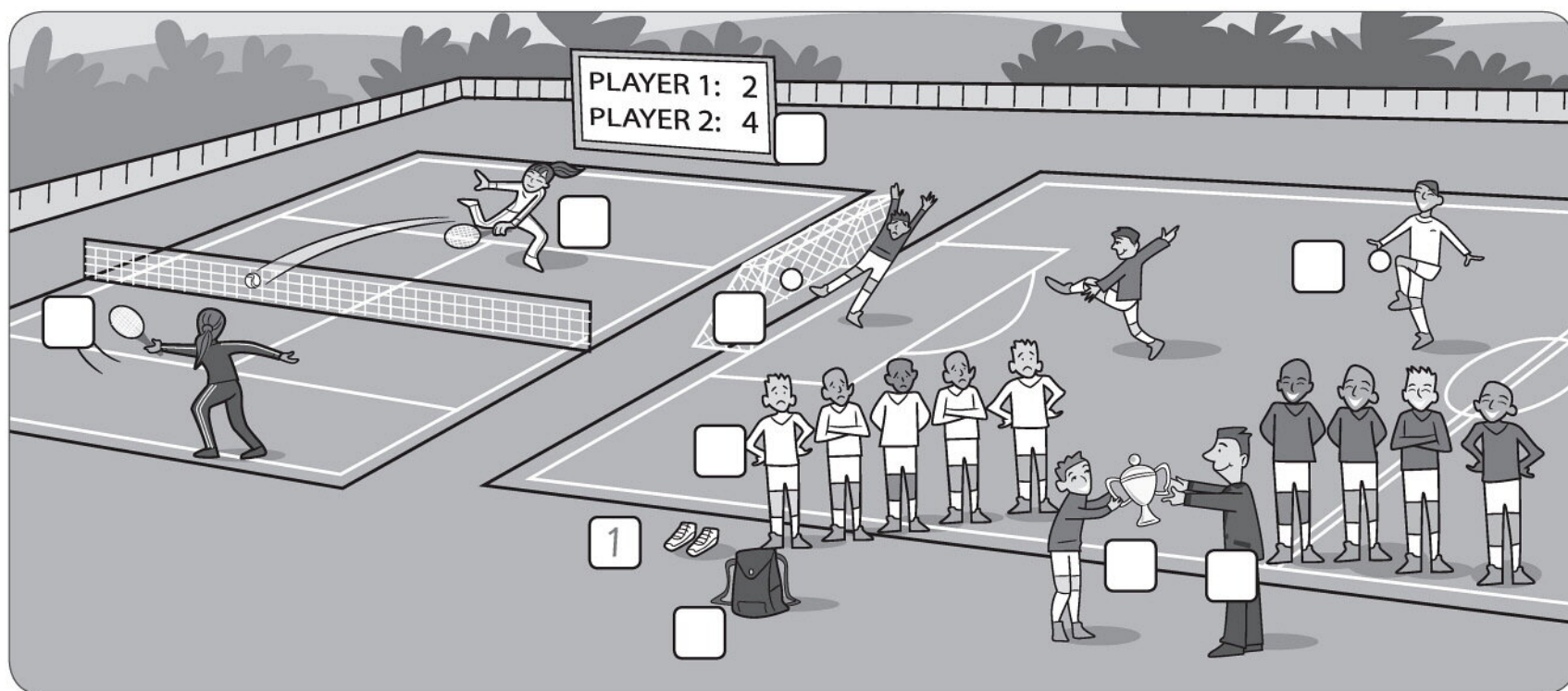


Lesson One Words

1 Read the sentences and number the picture.



- | | |
|---------------------------------------|---|
| 1 You wear these to go running. | 2 A prize for winning. |
| 3 Someone playing a sport is a ... | 4 A group of footballers who play together. |
| 5 To move a ball with your foot. | 6 When the ball goes into the net, you ... |
| 7 You hold this when you play tennis. | 8 This is a bag you wear on your back. |
| 9 You wear this over your T-shirt. | 10 Player 2 has ... |

2 Write, using the words from the picture above.

Yesterday, we had a sports competition at school. I played football. There were two ¹ teams : red and blue. There were five ² _____ in each team. I played for the reds. I had my sports things in my ³ _____ on my back. I took off my school shoes and put on my ⁴ _____. It was cold, so we had to wear our sports ⁵ _____.

The score was Red Team 1, Blue Team 0, so my team ⁶ _____. I ⁷ _____ for the red team. My friend Jamie passed me the ball. Then I ⁸ _____ it hard and it went in the net.

We also played tennis and volleyball in the sports competition. But I didn't play tennis because I didn't have my tennis ⁹ _____. I left it at home.

At the end of the competition, the children in the red team got a ¹⁰ _____.

1 Read and circle.

- 1 I can't find **my** / **mine** racket.
- 2 Yes, she won. The trophy is **her** / **hers**.
- 3 Which rucksack is **your** / **yours**?
- 4 **Her** / **Hers** jacket is red and white.
- 5 Don't touch that! It's **my** / **mine**.
- 6 That's not our ball. This one's **our** / **ours**.

2 Write, using a possessive pronoun.

- 1 This is your water bottle.
- 2 This is my jacket.
- 3 This is my dad's basketball trophy.
- 4 This is Lucy's rucksack.
- 5 These are our trainers.
- 6 These are their rackets.

It's yours.

3 Write, using possessive pronouns.



Abby, Liz, Sidney and Kate went to the park.

Abby took the trainers out of the rucksack. She put on the blue ones.

"These ones are ¹ mine," she said.

Then she gave the green ones to her sister Liz.

"These trainers are ² _____," she said.

"Now where's Sidney?" she said. "These white trainers are ³ _____."

"And are these pink trainers Kate's?" asked Liz.

"Yes, they're ⁴ _____," said Abby.

Sidney and Kate were kicking a ball with some friends. "We haven't got a ball," said Sidney. "But this ball is ⁵ _____. They say we can borrow it."

"That's great," said Abby. "Do they want a frisbee? They can borrow ⁶ _____."

Lesson Three Grammar 2

1 Circle the adverb in each sentence. Underline the verb that goes with the adverb.

- 1 The teams walked onto the court **quiet** / quietly.
- 2 Henry's parents watched the match. They cheered **loud** / **loudly**.
- 3 Henry punched the ball very **carefully** / **careful**.
- 4 The other team played **badly** / **bad**. All the players were very tired.
- 5 They didn't run fast. In fact, they ran quite **slow** / **slowly**.
- 6 Henry's team won the volleyball game. They played very **good** / **well**.



2 Now answer the questions, using adverbs.

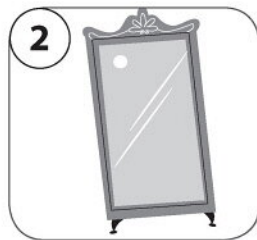
- 1 How did the teams go onto the court? They walked quietly.
- 2 How did the parents cheer? _____
- 3 How did Henry punch the ball? _____
- 4 How did Henry's team play? _____
- 5 How did the other team play? _____
- 6 How did the other team run? _____

Lesson Four Phonics and Spelling

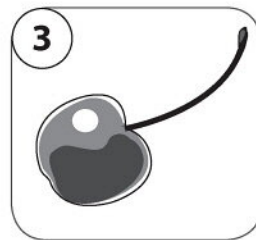
1 Complete the words with *ll* or *rr*.



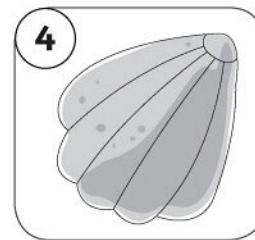
bell__



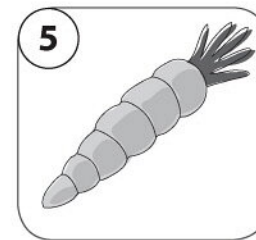
mi__or



che__y



she__



ca__ot



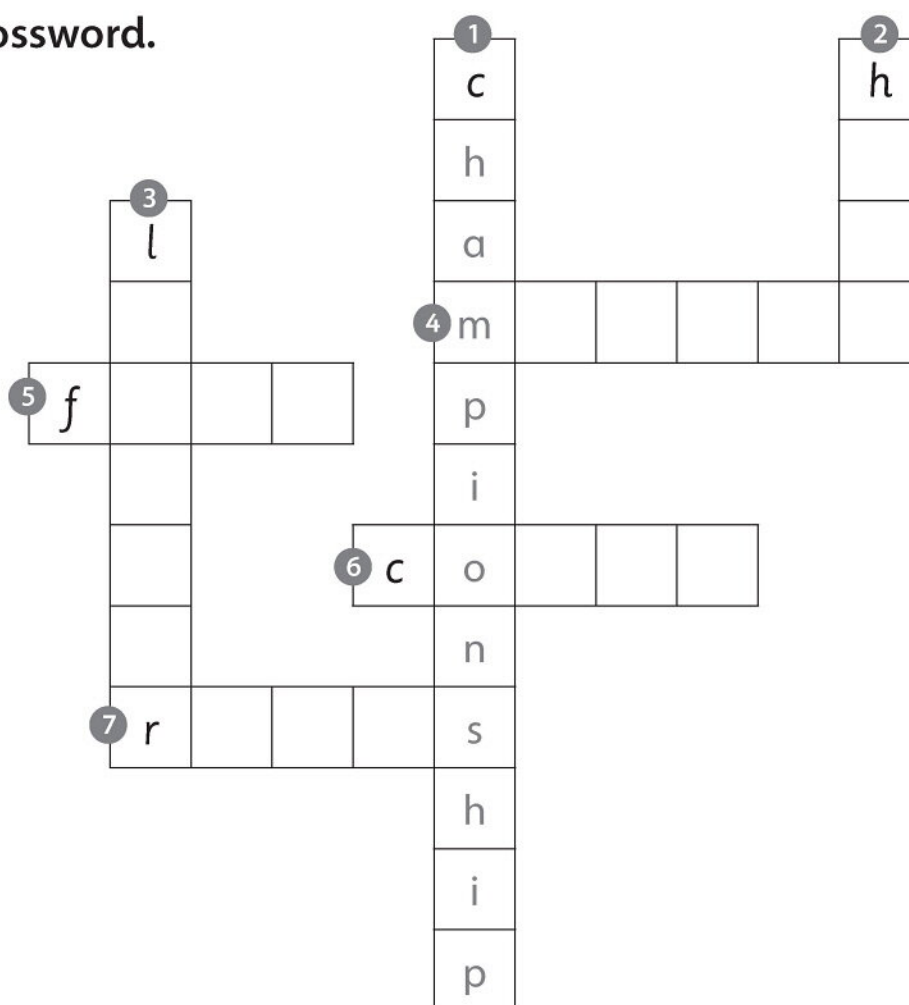
sme__

2 Write a sentence using each word.

- 1 (smell) _____
- 2 (mirror) _____
- 3 (carrot) _____
- 4 (shell) _____
- 5 (bell) _____
- 6 (cherry) _____

Reading

1 Complete the crossword.



Down

- 1 An important sport competition.
- 2 A player ... a tennis ball with a racket.
- 3 Material used to make gloves or shoes.

Across

- 5 People who love to watch their favourite sport.
- 4 When players win competitions, they get these.
- 6 The place where people play tennis or basketball.
- 7 The ... of the game say that you mustn't touch the ball.

2 Read the Class Book. Circle the wrong word. Write the correct word.

- 1 Football started in France. Tennis
- 2 They hit the ball with their feet. _____
- 3 Later, people started wearing a leather shoe. _____
- 4 People started to play tennis inside in 1873. _____
- 5 The last winner at Wimbledon was Spencer Gore. _____
- 6 The first tennis balls were leather. _____

Lesson Six

Writing

1 Write ' in the correct places.

- 1 This player's bag is green.
- 2 Look at this bird. Its wings are really beautiful.
- 3 Janes team won at basketball.
- 4 The schools new football team is playing tonight.
- 5 The boys jacket is red and yellow.
- 6 Do you like my new bike? Its a racing bike.
- 7 King Henry VIIIs favourite palace was Hampton Court.
- 8 Tennis rackets were invented in the 16th Century.

2 Read the instructions and write.

throws net court hits match point
rackets four run ~~trainers~~

How to play tennis

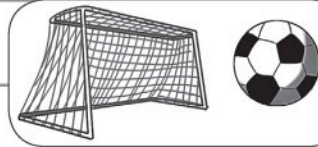
- You wear sports clothes and ¹ trainers.
- You go to a tennis ² court. People usually play tennis outside, at a sports centre or tennis club.
- You can play with two or ³ four players. The players (or pairs of players) stand on opposite sides of the ⁴ net.
- The players all have tennis ⁵ rackets.
- The first player ⁶ throws the ball into the air, then ⁷ hits it with the racket. The players hit the ball to each other across the net.
- The players have to ⁸ run very fast to hit the ball.
- When a player can't hit the ball and it lands in the court, the other player usually wins a ⁹ point.
- The player with the most points wins the ¹⁰ match.
- Tennis matches can last for different lengths of time.



3 Write the rules for football and basketball in the correct boxes.

mustn't touch the ball with hands throw the ball into the hoop bounce the ball
90 minutes ~~pitch~~ 11 players 48 minutes or more court

Football



pitch

kick the ball

score goals: kick the ball in the net

game over after: _____

Basketball



5 players

mustn't kick the ball

score points: _____

game over after: _____



My writing

4 Choose a sport and write the instructions. You can choose a sport from Exercise 3 or use your own ideas.

How to play _____
