

**1 Look at the sentences. Write S (subject), V (verb) and O (object).**

1 Megan is doing her homework.

 S V O

2 Tom likes computer games.

3 The students have sent some emails.

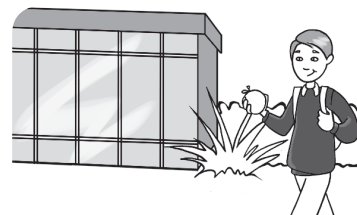
4 We don't go to school on Saturday.

**2 Read the topic sentences. Match them with the paragraphs.**

a Exercise is great.

b Fruit and vegetables are very important.

c Water is a very important drink.

1 ☒ b It is easy to forget them. You should eat five servings of fruit or vegetables every day. You should drink carrot juice, too!2 ☐ Going to school by car is easy and comfortable, but you should ride or walk to school sometimes. Walking or riding a bike will help you to stay fit and healthy.3 ☐ You should drink lots of water every day. It's better to drink water before you get thirsty. Water gives you more energy. Milk is also good.**3 Add the information with *because* or *so*. Remember to use a comma before *so*.**

you can drink lots

~~meat and fish are very tasty~~

it's got lots of calcium

it's better to drink water before you're thirsty

it's the easiest way

you should walk to school sometimes

1 It's easy to forget vegetables because meat and fish are very tasty.

2 Taking exercise is good for you \_\_\_\_\_

3 Milk is also good \_\_\_\_\_

4 Water doesn't contain sugar \_\_\_\_\_

5 We usually go to school by car \_\_\_\_\_

6 Your body needs lots of water \_\_\_\_\_