

**1 Read about using your computer safely. Tick (✓) the things you do.**

**On your computer you can do your school work, play games and talk to friends. But are you using your computer safely?**

**Read our advice and tick the things you do:**

- \* Sit on a comfortable chair. ☐
- \* Don't use the computer for too long. Your eyes need to rest.  
Your body needs exercise. ☐
- \* Always save your work. ☐
- \* Log off when you leave your computer. ☐
- \* Turn off your computer to save power. ☐
- \* Remember that not all the information you find on the Internet  
is true. Anyone can write on the Internet, so check your  
information with other websites, books or adults. ☐
- \* Only download attachments from people and places you know. ☐
- \* Don't tell other people your passwords. ☐
- \* Only talk to online friends you know in the real world. ☐
- \* Don't give your address to anyone online. ☐
- \* If your computer goes wrong, don't try to fix it yourself.  
Electrical wires are dangerous. ☐

**2 Discuss with a partner and write.**

**1 Write a list of things you do using the computer.**

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**2 Write a list of machines that help us.**

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**3 Write and draw a poster about computer safety.**