

1 Read Ellie's letter about her school camping trip.

Dear Grandma,

Do you remember the school camping trip that I was so worried about? Well, I'm writing to tell you about it. It was amazing!

I had never left Mum and Dad for a night, and I thought I would be miserable. I shared a tent with Rose, who is very confident and always cheerful. She showed me how to put up the tent. Then we all had dinner and sang songs around the fire. Rose and I talked a lot, and went to sleep late. I was very happy.

I knew we were doing rock climbing, and I was frightened about that. The teacher taught me what to do, and answered all my questions. I could see that it was safe and I wasn't going to fall. I was still a bit frightened, but I did it. I went down very slowly. My friends were waiting at the bottom, and when I finished everyone cheered loudly. It was very exciting, and I was so happy that I was brave.

I won't be frightened next year. I'll be one of the confident ones, and I'll help the younger children.

I hope you are well.

Love from Ellie

**2** Write the two things Ellie was worried about. Write what happened about each worry.

3 Discuss with a partner and write.

1 Write a list of things that worry people.

2 Can you think of a time you were brave about something?
