

7 MY DAY



ABOUT YOU

What is your favourite food in the morning?
What can you eat for lunch at school?
What food can't you take to school?

A



B



C



D



E



F



G



H



I



J



5 Complete the sentences with the words in the box. Then listen again and check.

can can't clothes
different every day shower

- José's clothes are new.
- The next photo club project is 'Things we do _____'.
- You have a _____ in the morning.
- José _____ go to the next photo club with his friends.
- José _____ go for a drink.
- José's day is _____ from Rosa's day.

VOCABULARY

AND

LISTENING

Daily activities

- Look at the things you do every day. Match the photos A-J to the words in the box.

EP

catch the bus to school get dressed
get up go to bed have a shower
have breakfast have dinner have lunch
walk to school wash your face



Listen and check. Then repeat.

- Work with a partner. Talk about the photos. Take turns.

Picture F

catch the bus to school

- Who can you see in the big photo? Where are they? Who has got a camera in their hand?



- Listen and answer these questions.

- Is Rosa happy?
- Is José good at taking photos?
- What day is the photo club?
- What has José got at five o'clock?
- У Хосе хорошо получается фоткать?
- Что у Хосе есть в 5 часов?





6 Listen to Rosa and José and read. Two things are different from the recording. What are they?

Rosa: On Mondays, I get up, wash my face and have a shower. Then I have breakfast with my dad. Then I put my things in my school bag and catch the bus to school. I go to school at eight thirty.

José: On Mondays, I get up and wash my face. I have a drink in my room and then I have a shower. At two o'clock I put my things in my bag and leave the hotel. I go to school at five o'clock.

GRAMMAR

Present simple +

1 Read about the friends and then complete the sentence.



I **get up** and **get dressed**.
Rosa **gets up** and **gets dressed**. She **catches** the bus to school.



I **have breakfast**. Then I **have a shower**. José **has lunch** and **has a shower**.



We **go** to school at eight thirty. José **goes** to school at five o'clock.

We use the present simple to talk about things we do *one time / every day*.

2 Make sentences. Use the words in the box.

I go to school at eight o'clock.

I	catches the bus to school.
You	go to bed in the evening.
He	gets up at seven o'clock.
She	has lunch at one o'clock.
We	get dressed in the morning.
You	walk to school.
They	wash my face.



PRONUNCIATION

Present simple endings



3 Listen to the -s and -es sounds. Sometimes we add another syllable when we say the -s or -es. Sometimes we don't.

goes	leaves	paints	plays
rides	swims	walks	watches

Then put the verbs in the box in the correct column.

gets: -s is NOT an extra syllable	washes: -es IS an extra syllable



Listen and check. Then repeat.

4 Talk to your partner about things you do in your day.

*I get up and have a shower. Then I get dressed.
I catch the bus to school and at twelve o'clock I have lunch at school.*

Now tell the class about your partner.

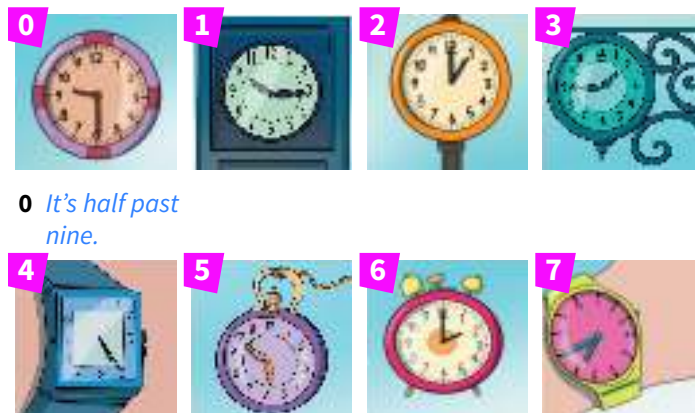
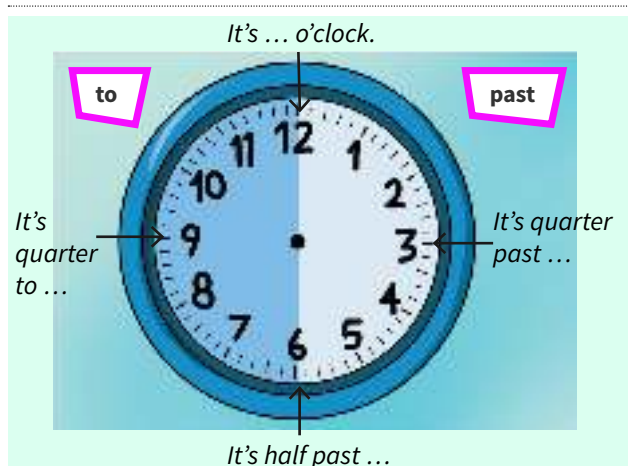
Carolina gets up and washes her face.

Miguel has a shower and then he goes to bed.

5 Write about what your partner does every day.

Laura gets up at eight o'clock. Then she washes her face and gets dressed. She has lunch at one o'clock.

Telling the time (2)



1 Look at the clocks 1-7. What's the time?

EP *It's half past nine.*

67 Listen, check and repeat.

68 2 Draw six clocks in your notebook. Listen and draw the time on the clocks.

3 Read Christine's blog and answer the questions.

What does Christine do at ...

- 1 ten past four in the afternoon?
- 2 half past five in the afternoon?
- 3 half past nine in the evening?
- 4 quarter past five in the morning?
- 5 quarter to six in the morning?

4 Read the blog again and complete the sentences. Use the words in the box.

at night Brazil goes in the evening
looks for names Scotland sleeps
tired to bed

- 0 Christine is from Scotland, but now she is in Brazil.
- 1 She studies _____ and _____, and she _____ in the day.
- 2 She _____ into the forest and _____ birds and night animals.
- 3 She writes the _____ of the birds and the night animals in her notebook.
- 4 After dinner she goes _____. She is very _____.



MY BRAZIL BLOG

Hi. My name's Christine and I'm from Scotland. But I'm not in Scotland now. I'm in Brazil and I study animals. My life here is very different from my life in Scotland!

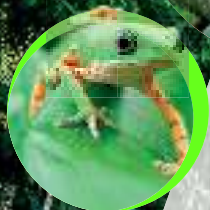
Here in Brazil, I study in the evening and at night, and I sleep in the day! I get up at about 4 pm and at 4.10, I have a shower and then have a drink and have breakfast with the other students. At about 5.30 in the afternoon, we put our things into our bags.

At 6 pm, we go into the forest and look for birds.

We write their names in our notebooks. We don't talk because we don't want the birds to hear us. At 9.30 in the evening, we stop and eat sandwiches, and drink water or juice. It's our lunch! We don't stop for a long time. At about 10.15, we look for night animals.

We finish at about 3 am. Before we eat our dinner, we write the names of all the birds and animals on the computer. We have dinner at 5.15. At 5.45 in the morning, I'm very tired. I'm ready for bed!

I don't see the sun because I sleep all day! But I'm very happy.



GRAMMAR

Present simple

1 Read about Christine and then complete the sentences.

In Brazil, Christine sleeps in the day. **She doesn't sleep** at night. **The students don't see** the sun.

Here in Brazil, I study in the evening. I don't study in the evening in Scotland.

We don't stop for a long time to eat our lunch.



- 1 We use *don't / doesn't* to make the present simple negative for *I, you, we, they*.
- 2 We use *don't / doesn't* to make the present simple negative for *he, she, it*.
- 3 We *add / don't add 's' / 'es'* to the main verb to make the present simple negative for *he, she, it*.

2 Listen and repeat.

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3 Talk about things Christine does in Brazil and doesn't do in Scotland.

- 0 have a shower
In Brazil, Christine has a shower at ten past four. She doesn't have a shower at ten past four in Scotland.

- 1 get up
- 2 have lunch
- 3 have dinner
- 4 go to bed

4 Complete the sentences with the verbs in brackets ().

- 0 You don't live (not live) in Scotland.
- 1 My sister _____ (not wash) her hair in the morning.
- 2 My mum and dad _____ (not make) sandwiches for lunch.
- 3 I _____ (not do) my homework in the morning before school.
- 4 James _____ (not get) the bus to school.
- 5 We _____ (not go) to school on Sundays.
- 6 My teacher _____ (not work) at night.

SPEAKING

1 Read about Lesedi's day. Tell your partner what Lesedi does at:

- 1 quarter past six in the morning
- 2 quarter past ten in the evening
- 3 quarter to ten in the morning
- 4 quarter past four in the afternoon
- 5 half past seven in the evening

Hi. My name's Lesedi. I'm 16 and I'm from South Africa.

MORNING

6.15 get up. No shower!

7.00 walk to the Football Academy

7.30 play and learn about football

9.45 have a shower

10.15 play a football game

AFTERNOON

12.00 have lunch

12.45 go to school for lessons

4.15 have a drink and a sandwich

4.30 play football with friends in the park

6.30 eat with my family

EVENING

7.30 do homework

10.15 go to bed

2 How is your day different to Lesedi's? Tell your partner what you do and don't do.

I don't get up at quarter past six in the morning. I get up at seven o'clock. I have lunch at ... I do homework at ...



TALKING POINTS

06 Watch the video. Ask and answer the questions with a partner.

- What time do you get up?
- What do you do in the morning?
- What do you have for breakfast?
- How do you get to school?

GRAMMAR REFERENCE AND PRACTICE

UNIT 7

PRESENT SIMPLE

positive +	negative -
I work .	I don't work .
You work .	You don't work .
He works .	He doesn't work .
She works .	She doesn't work .
It works .	It doesn't work .
We work .	We don't work .
They work .	They don't work .

They work all day.

She catches the bus to school.

They walk to school on Tuesdays.

He doesn't get up at 7 o'clock every day.

Practice

1 Complete the sentences. Use the correct form of the present simple of the verbs in brackets ().

- 0 I start (start) school at 9 o'clock.
- 1 Jack _____ (get up) at 6.30 am.
- 2 We _____ (clean) our teeth in the morning and the evening.
- 3 They _____ (have) dinner at 7 o'clock.
- 4 I _____ (wash) my face in the morning.
- 5 Freya _____ (have) a big breakfast.
- 6 You _____ (catch) the bus at 8 o'clock.
- 7 He _____ (finish) school at 3.30 pm.

2 Write the sentences in Exercise 1 in the negative form.

- 0 *I don't start school at 9 o'clock.*
- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____

3 Write sentences.

- 0 Laura / get up / 08.00 / then / breakfast
Laura gets up at 8 o'clock. Then she eats breakfast.
- 1 I / breakfast / room / then / get dressed
- 2 They / not catch bus / walk / school
- 3 Harry / not walk / school / go / dad's car
- 4 Luke / breakfast / bedroom / not / kitchen
- 5 You / go / school / 07.30 / you / not / go school / 08.30