

The Duke of Edinburgh's Award

This is a great way to have fun, make new friends and learn new things. The award has four parts:



- **VOLUNTEERING** – Give your time to make a difference to people's lives.
- **FITNESS** – Do some exercise and get fitter.
- **SKILLS** – Learn something new – or get better at something you like.
- **EXPEDITION** – Go camping and hiking in the countryside.

If you complete everything, you get a certificate.

Write an email to Mr Jones, The Duke of Edinburgh's Award leader at our school. Describe yourself and say why you want to do the award.



ABOUT YOU

Do you have any awards or prizes?

If yes, what did you win them for?

If no, do you know about any awards or prizes for young people in your country?

VOCABULARY

AND

READING

Adjectives of personality

- 1** Read the poster and look at the photos. Then answer the questions in pairs.

- 1 What is The Duke of Edinburgh's Award?
- 2 What kind of activities do students do for the award?
- 3 Can you do an award like this at your school?
- 4 If not, would you like to do one?

- 2** Read the students' emails on page 11 and answer the questions with *Daniel* or *Grace*.

- 1 Who plays two instruments?
- 2 Who is happy with a piece of work they're doing?
- 3 Who is preparing a surprise for another person?
- 4 Who is teaching another person how to do something?

3

Check the meaning of the **words** in the emails on page 11. Then use them to complete the sentences.



- 1 My brother's very _____. He lies in bed until midday and never does any work.
- 2 My grandpa's 70, but he's still really _____. He cycles everywhere and plays tennis.
- 3 Sonia is very _____. She always thinks of other people and is good to them.
- 4 Everyone likes Toby. He's the most _____ boy in the school.
- 5 Our teacher is so _____. She always makes us laugh.
- 6 When I speak to adults, I try to be _____.
- 7 Sara is very _____. She smiles a lot and she's easy to talk to.
- 8 Most people in my class talk a lot, but Fred is _____ and doesn't say much.
- 9 I wasn't sure how to do my project, but the teacher was very _____. She told me about some great websites.
- 10 Suchitra is very _____. She can paint and draw, and she writes excellent stories.



Listen and check. Then repeat.

4

Write sentences about your partner using the adjectives in Exercise 3. Give the sentences to your teacher to read out for the class to try and guess who they are about.

GRAMMAR

Present simple and present continuous



To: Mr Jones
From: Daniel
Subject: The Duke of Edinburgh's Award

I'd love to do The Duke of Edinburgh's Award. I'm a **friendly** person and I'm **popular** at school. I'm **funny** – I often make people laugh, but I work hard and I'm **polite** to the teachers.

Music is important to me. I'm good at the guitar and I'm learning to play the keyboard. I'm a very **active** person – I play hockey and go swimming every week. I'm also teaching my brother to swim.



To: Mr Jones
From: Grace
Subject: The Duke of Edinburgh's Award

I hope I can do this award. I'm a **quiet** person – I don't talk much, but I'm very **creative**. Art is my favourite subject. At the moment, I'm doing a big painting, and it's going well.

I like to be busy – I'm not a **lazy** person. I'm also **helpful**. My neighbour's quite old, and I often go shopping with her. She always tells me I'm **kind**. It's her birthday soon. My mum and I are planning a party for her, but she doesn't know about it!



- 1 Complete the table with examples of the present simple and present continuous from the two emails.

Present simple	Present continuous
<i>I often make people laugh</i>	<i>I'm learning to play the keyboard</i>

- 2 Look at the examples in Exercise 1 and complete the rules.

- We use the present _____ to talk about things happening now, around now and at the moment.
- We use the present _____ to talk about things that are always true or happen regularly.

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- 3 Choose the correct form of the verb.

- I *watch* / *am watching* Spartak Moscow play football every week.
- What *do you usually eat* / *are you usually eating* for dinner?
- Sorry, I can't talk now, I'm busy. I'm *practising* / *practise* the piano.
- We learned about rivers last term, and now we *learn* / *are learning* about forests.
- I'm quite lazy – I *don't always do* / *'m not always doing* my homework.
- My dad *is teaching* / *teaches* me how to play tennis at the moment.

- 4 Correct the mistakes in the sentences.

- 👁 1 It rains a lot at the moment.
2 In my free time, I'm usually going to the cinema.
3 I sell my English book. Would you like to buy it?
4 Right now, I watch basketball.
5 I'm usually wearing a jacket, even when it's hot.
6 We are swimming and sunbathing every day.

- 5 Work with a partner. Look at the photos on page 10. Say what the people are doing. Then say how often / when you do the activities in the photos.

She's playing the guitar.

I never play the guitar, but I sometimes play the piano.

- 6 Imagine you are writing an email like Grace's and Daniel's. Make notes. Think of some:

- adjectives to describe yourself
- sports and hobbies you usually do
- things you are learning / planning / doing now.

Now write your email.



HOME

NEWS

ACTIVITIES

PHOTOS

MESSAGES

SEARCH: **YOUR LEADER: MR JONES**

Today, you are going to start using The Duke of Edinburgh's Award part of our school website. This has all your details on it, and it shows the activities you are doing. You can also get news and messages from Mr Jones here.

What you need to do:

- Fill in the online form with all your details.
- Choose your activities. You have to discuss and agree these with Mr Jones first.

Here are some ideas, but there are lots more on the DofE website:

Volunteering – helping older people, picking up rubbish or working with animals

Fitness – dance, sport or exercise classes

Skills – playing an instrument, studying a language, learning chess or improving your drawing skills

- You have to do each activity you choose for at least an hour a week for three months. Take lots of photos, and write about what you are doing. Put all this information on the website. When you finish, you can use it to print a book about your time doing the award. This costs about £20.

PERSONAL DETAILS

FIRST NAME: Grace

SURNAME: Hopkins

AGE: 14

FIRST LANGUAGE: English

CONTACT DETAILS

EMAIL ADDRESS: g.hopkins@topnet.com

ADDRESS: 44 Meadow Avenue,
London N24 6BG

HOME TELEPHONE: 020 7946 0945

MOBILE: 0770 900 573

ACTIVITIES:

**READING**

1 Read the web page quickly. Who is it for?

2 Read the information on the website. Are the sentences right (✓) or wrong (X)?

- 1 Mr Jones is going to put news and messages on the website.
- 2 Mr Jones is going to fill in the students' forms.
- 3 Students need to talk to Mr Jones before they choose their activities.
- 4 If students don't like the ideas, they can choose others.
- 5 Students have to spend several hours a week doing each activity.
- 6 Students can put information about their activities on the website.
- 7 Every student gets a free book about their time doing the award.

**TALKING POINTS**

Which parts of the award do you think are most useful? Why?

Which look most fun? Why?

Why is it a good idea to do awards like this?

VOCABULARY**Personal details**

1 Read Grace's details. Match questions 1–7 to the words and phrases on the form above.



- 1 What's your family name?
- 2 How old are you?
- 3 Where do you live?
- 4 What do you speak at home?
- 5 What numbers can we call you on?
- 6 What's your email address?
- 7 What's your first name?



Listen and check. Then repeat.



2

Listen to Grace's contact details. Then repeat them.

- 1 g.hopkins@topnet.com
- 2 44 Meadow Avenue, London N24 6BG
- 3 020 7946 0945
- 4 0770 900 573

GRAMMAR REFERENCE AND PRACTICE

UNIT 1

PRESENT SIMPLE AND PRESENT CONTINUOUS

Present simple

We use the **present simple** to talk about things that are always true or that happen regularly. We often use it with words like *often, usually, every day, twice a week, etc.*

I usually work hard.

She learns English at school.

Does he work here? No, he doesn't.

Do they often go to the cinema? Yes, they do.

Spelling: third person -s

Most verbs, add -s	<i>learns, works, lives, walks</i>
verbs that end in -o, -s, -sh, -ch, -x and -zz add -es	<i>goes, misses, watches, boxes, buzzes</i>
verbs that end in consonant + -y, remove the -y and add -ies	<i>studies, carries</i>
irregular verbs	<i>have → has</i>

Present continuous

We use the **present continuous** to talk about things that are happening now or at the moment. We often use it with words like *now, at the moment, today, this week, etc.*

I'm teaching my brother to swim at the moment.

They're playing tennis now.

You aren't practising the piano much this week.

Are we getting fitter? Yes, we are.

Spelling: -ing form

Most verbs add -ing	<i>playing, going, learning</i>
verbs ending in -e, remove -e and add -ing	<i>live → living, make → making</i>
verbs ending in -ie, change the -ie to -y and add -ing	<i>lie → lying</i>
one-syllable verbs ending in a vowel + a consonant (except w, x or y), double the consonant and add -ing	<i>sit → sitting, swim → swimming</i>
two-syllable verbs ending in a stressed vowel + a consonant, double the consonant and add -ing	<i>begin → beginning (but open → opening)</i>
In British English, we double the final l in travel	<i>travel → travelling (American English: travel → traveling)</i>

- 1** Complete the conversation with the present simple or present continuous form of the verb in brackets.

Sara: What (0) *are you doing* (do)?

Martina: I (1) _____ (paint) a picture of the trees.

Sara: But you (2) _____ (not like) art!

Martina: Yes, I know, but my friends (3) _____ (play) football at the moment and I (4) _____ (hate) that.

Sara: What sports (5) _____ you _____ (enjoy) doing?

Martina: I (6) _____ (go) swimming twice a week. What about you?

Sara: My best friend (7) _____ (play) hockey, but I (8) _____ (prefer) basketball.

Martina: I (9) _____ (not do) anything now. Let's go for a walk.

Sara: Good idea!

- 2** Write complete sentences in the present simple or present continuous.

0 I / play tennis / at the moment.

I'm playing tennis at the moment.

1 My dad / usually go to work by car.

2 We / learn how to play the guitar / today.

3 I / always watch TV / after dinner.

4 My friends / not swim in the sea / now.

5 My cousin / not have breakfast / every day.



PRONUNCIATION

The alphabet

3 Practise saying the letters of the alphabet.

A B C D E F G H I
J K L M N O P Q R
S T U V W X Y Z

4 Decide which letter has a different sound in each group.

1 H J U 4 K P V
2 E M P 5 W X U
3 Z L Y 6 C O G



Listen and check.

5 In pairs, ask and answer questions using the contact details for Sam and Jo.

What's your email address?

My email address is
sam.brown@coolmail.com

How do you spell that?

Sam

sam.brown@coolmail.com

289 Sandy Lane, Oxford O22 3PG

Tel 01865 995478

Mob 06968 133 254

Jo

jo.marsh@melly.co.uk

72 Hale Street, Manchester M4 8QT

Mob 07473 964 443

LISTENING



1 Listen to the conversation. What are Grace and Daniel talking about? Who is Finn?



2 Listen again. Complete the table with the activities the friends choose.

	Grace	Daniel	Finn
Skill			
Fitness			



Listen to the end of the conversation again. Complete Finn's contact details.

- 1 Address: _____
2 Phone number: _____
3 Email address: _____@facemail.com

SPEAKING



PREPARE FOR THE EXAM

Speaking Part 1

1 In pairs, ask and answer questions to complete the form for each other. Spell your surnames.

FIRST NAME: _____
SURNAME: _____
AGE: _____
ADDRESS: _____
EMAIL ADDRESS: _____
PHONE NUMBER: _____

2 In pairs, ask and answer the questions.

School:
How much homework do you get?
What's your favourite subject?
Tell me something about your school.

Free time:
What do you do in your free time?
Who do you spend your free time with?
Tell me something about what you did last weekend.

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