

Introduction

1A Sports and hobbies

1 Match the icons with eight of the sports and hobbies below.

basketball board games bowling chess cycling
dancing drama drawing football gymnastics
ice hockey ice skating listening to music skateboarding
swimming video games volleyball watching films



2 Which sports and hobbies from exercise 1 can you do ...

a on your own? b at home? c in a team?

1C Clothes

3 Look at the pictures and complete the descriptions.
Use the words below.

boots cardigan coat dress gloves hat hoodie
jacket jeans leggings scarf shirt shoes shorts
skirt socks sweater sweatshirt T-shirt tie top
tracksuit trainers trousers



A Mia is wearing ...



B Luke is wearing ...



C Georgia is wearing ...



D Ben is wearing ...

4 Write which clothes from exercise 3 you are wearing now.

Unit 1

1G get

LEARN THIS! Basic meanings of get

The verb *get* has several basic meanings.

- a to receive – *What did you get for your birthday?*
- b to buy or collect – *He went out to get a newspaper.*
- c to catch or take (transport) – *Which train did she get?*
- d to arrive – *We got home at midnight.*
- e to become – *I'm getting hungry.*

1 Complete the sentences with the correct form of *get*. In your notebook, match the sentences to the correct basic meaning (a–e) in the **Learn this!** box.

- 1 It was dark when we _____ to the hotel. _____
- 2 It was too far to walk so we decided to _____ a taxi. _____
- 3 We live on the equator, so it _____ dark at the same time every evening. _____
- 4 On the way to the hospital yesterday, we _____ some flowers for my aunt. _____
- 5 My brother is really excited because he _____ a new phone for his birthday. _____

2 Write one more example for each basic meaning (a–e) of *get*.

1H Phrasal verbs and register

LEARN THIS!

a Most phrasal verbs are neutral in register, neither formal nor informal.

I woke up at seven, got out of bed and turned on the radio.

b Some phrasal verbs have more formal equivalents.

They put off the match until next Saturday.

They postponed the match until next Saturday.

3 Rewrite the sentences using the phrasal verbs below.
Use the correct tense and form.

carry on come back get away give back look up to
make up put up with run after talk about

- 1 My sister often invents funny stories.
- 2 The robbers escaped in a stolen car.
- 3 The dog chased the cat.
- 4 I respect my older sister.
- 5 Please continue reading.
- 6 I won't tolerate your rudeness any longer!
- 7 Please return the money when you can.
- 8 My teacher wants to discuss my exam results with my parents.
- 9 My grandad went to live in Australia but returned to Britain twenty years later.

Unit 2

2G Sports clothing and equipment

- 1 Match the items (1–12) in the photos with the words below. Check the meaning of all the words.

ball bat boots gloves goal goggles helmet
hoop mask net puck racket rope running shoes
safety harness shirt shorts skates socks
stick surfboard swimming trunks (men) /
swimming costume (women) vest wetsuit



- 2 Put the words in exercise 1 into two groups: *clothing* and *equipment*.

Clothing: gloves, ... Equipment: rope, ...

- 3 Match at least three of the words in exercise 1 with each of the sports below.

basketball climbing football surfing

basketball: shorts, ...

2H Outdoor activities

- 4 Which of the activities below usually take place a) in water, b) in the air, c) in the street and d) in the mountains?

bungee jumping camping canoeing cycling
hang-gliding hiking karting paddleboarding
riding rollerblading snorkelling walking windsurfing

- 5 Decide which activities in exercise 4 you would like to do. Which would you not like to do? Why?

I wouldn't like to do bungee jumping. I think it's scary.

Unit 3

3G Expressing likes and dislikes

- 1 Complete the sentences using the prepositions below. One sentence does not need a preposition.

about for in on in on about

- My sister isn't **keen** _____ video games.
- When I was young, I wasn't **interested** _____ sport.
- Lucy isn't a big **fan** _____ horror films.
- My parents **can't stand** _____ loud music.
- I like comedy but I can't get **excited** _____ sitcoms.
- Hailey doesn't **go** _____ combat games, but she likes driving games.
- My cousin is **mad** _____ vampire films.
- My best friend is always **up** _____ a trip to the cinema.

- 2 Use the bold phrases in exercise 1 (including the correct prepositions) to write your own opinions about the things below.

going bowling watching horror films
going out for dinner playing board games cooking

3H Social activities

LEARN THIS!



- a **go to** the park / the cinema / the shopping centre / a café / a restaurant / a friend's house
b **go for** a walk / a run / a bike ride
c **go out for** lunch / dinner / a coffee / the day / the evening
d **go** dancing / skating / skateboarding / rollerblading
e **watch** TV / a DVD / a film
f **play** video games / volleyball / tennis

- 3 Study the **Learn this!** box. Then use the underlined verbs to complete the phrases below. Use each verb once.

- | | |
|-------------------|-----------------------|
| 1 _____ a meal | 4 _____ a talent show |
| 2 _____ swimming | 5 _____ board games |
| 3 _____ the beach | 6 _____ a jog |

- 4 **SPEAKING** Work in pairs. Find out what your partner does at weekends. Ask and answer about the activities in the **Learn this!** box and exercise 3.

Do you ever go to the cinema at weekends?

Yes, I do. / No, I don't. / Not very often.

V

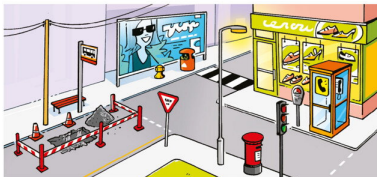
Vocabulary Builder

Unit 4

4G In the street

- 1 Are all of the things below in the picture?

billboard bus stop fire hydrant parking meter
pedestrian crossing phone box postbox road sign
roadworks rubbish bin shop sign shop window
street lamp telegraph pole traffic lights



- 2 **SPEAKING** In pairs, ask and answer about the picture in exercise 1. Use *next to*, *behind*, *in front of* and *between* in your answers.

Where's the fire hydrant?

It's next to the rubbish bin.
It's in front of the billboard.

4H Climate change

- 3 Complete the collocations with the verbs.

emit rely on use up



- 1 use up natural resources
- 2 emit fossil fuels
- 3 rely on carbon dioxide

invest in protect reduce reduce save



- 4 reduce your carbon footprint
- 5 invest in renewable energy
- 6 reduce carbon emissions
- 7 protect endangered species
- 8 save energy

- 4 Complete the sentences with the correct form of collocations from exercise 3.

- 1 The government should rely on such as wind and solar power.
- 2 You can reduce by insulating your house, turning off lights and using public transport.
- 3 At the moment, we emit such as coal, shale gas and oil to give us energy.
- 4 Factories emit and other greenhouse gases into the atmosphere.
- 5 How can we save such as orang-utans, gorillas and tigers?
- 6 If we don't reduce, the amount of CO₂ in the atmosphere will go up.

Unit 5

5G Personal qualities

- 1 Match the adjectives with the descriptions of the people.

confident enthusiastic friendly good at communicating
honest physically fit sensitive

- 1 She feels sure that she can do the job well. confident
- 2 He smiles and talks to everyone at work. friendly
- 3 She's good at explaining things to people. good at communicating
- 4 He always tells the truth. honest
- 5 She's always excited and interested in new ideas. enthusiastic
- 6 He is active and strong. physically fit
- 7 She understands other people's feelings. sensitive

flexible hard-working organised outgoing patient
punctual reliable

- 8 He doesn't mind if things change at work. flexible
 - 9 She plans her work very well. organised
 - 10 He always arrives at work on time. punctual
 - 11 She likes being with other people. outgoing
 - 12 He works very hard. hard-working
 - 13 You can trust her to do her job well. reliable
 - 14 He doesn't mind waiting. patient
- 2 How many adjectives do you know with the opposite meanings of those in exercise 1? You can use the prefixes *un-*, *dis-*, *in-* and *im-* with some of them.

patient - impatient, hard-working - ...

- 3 **SPEAKING** Which adjectives in exercise 1 a) describe you and b) do not describe you?

I'm very ... and I'm sometimes ...

I'm not very ...

5H Formal language

- 4 Replace the underlined words in the sentences with the more formal words below.

available discuss manager many obtain opportunity
possess require sit succeed telephone wish

- 1 Please call me if you need more information.
- 2 I can get a reference from my current boss.
- 3 I have got the personal qualities that are necessary to do well in business.
- 4 I do my exams in June and will be free to start work immediately afterwards.
- 5 There are lots of reasons why I would like to become a teacher.
- 6 I would be grateful for the chance to chat about my application in person.

Unit 6

6G City tourism

1 Put the words below in the correct groups, A, B or C.

boat trip bus-fare day trip excursion
fish and chip shop food van open-top bus tour
restaurant route sandwich bar street-café tea room
timetable travel pass travel zone walking tour

A Places to eat: *street café, ...*

B Organised sightseeing: *open-top bus tour, ...*

C Getting around: *bus fare, ...*

2 Complete the sentences with words from exercise 1.

- The _____ is valid for one day on all buses and underground trains.
- Can I have a _____ with bus and tram times, please?
- You can get takeaway burgers at the _____ in the main square. But they close and drive away at about 11 p.m.
- You get the best views of the city if you take the _____. It leaves every 30 minutes from the bus station.
- You must have the correct _____ when you get on. The driver won't give you change.
- This ticket is only valid in two of the nine _____ in London.
- If you want traditional British food, try the _____ on Queen Street.
- Make sure you're wearing comfortable shoes if you're planning to go on a _____ of the city.
- I recommend taking a _____ on the river.

6H Holiday activities

3 Complete the phrases with the verbs below.

eat buy go go hire lie play visit

Holiday activities

- _____ a museum / a castle / a cathedral / a theme park / a water park
- _____ shopping / swimming / cycling / surfing / kayaking / abseiling / mountain biking
- _____ for a walk / for a bike ride / on an excursion / on a boat trip / up a tower
- _____ a bike / a kayak / a car / a boat
- _____ table tennis / beach volleyball / cards / board games
- _____ on the beach
- _____ out
- _____ souvenirs

4 **SPEAKING** Work in pairs. Ask and answer about the activities in exercise 3. Find three you both like and three neither of you like.

Do you like visiting museums?

No, I don't. Do you?

Unit 7

7G In school

1 Match pictures 1–5 with five of the places below.

canteen classroom corridor gym hall library
head teacher's office language lab playground
playing field reception science lab staff room
stairs store room toilets



2 Choose six of the places in exercise 1 and say where they are in your school. Use the examples below to help you.

The staff room is on the first floor, next to the language lab.

The gym is at the end of the corridor on the ground floor.

There's a store room near the stairs opposite reception.

7H Money: prepositions

3 Complete the sentences with the prepositions below. You need to use some prepositions more than once.

for from in off on to

- How much did you spend _____ those trainers?
- I'm saving up _____ some new clothes.
- You shouldn't lend money _____ friends. It can cause arguments!
- Don't worry – my mum is paying _____ everything.
- I don't want to borrow money because I don't like being _____ debt.
- Use this coupon to get £1 _____ your next sandwich.
- How much do they charge _____ a haircut?
- I borrowed some money _____ my brother
- Don't waste money _____ a new phone – your old one is fine.
- The company owes thousands of pounds _____ the bank.
- They'll replace the battery in your phone _____ £35.

4 **SPEAKING** In pairs, talk about:

- what you spend your money on.
- something you would like to save up for.
- the best person to borrow money from.

V

Vocabulary Builder

Unit 8

8G Describing people

- 1 Put the words below in the correct group: A or B.

a beard curly / straight / wavy hair earrings
eyebrows a moustache a necklace plaits
a ponytail sunglasses a scarf

A hair B accessories

- 2 Describe the people in the photos. Use as many words from exercise 1 as you can.



8H Preposition + noun phrases

LEARN THIS!

Some nouns are used in phrases with a fixed preposition.
travel by car, plane, etc. go on holiday be in a hurry

- 3 Read the **Learn this!** box. Then complete the phrases. Use the prepositions below.

at by for in on on on on

- go _____ an excursion
- do something _____ mistake
- be _____ the phone
- go _____ a walk
- _____ the morning
- _____ night
- _____ Friday afternoon
- go _____ foot

- 4 Complete the sentences with a preposition + noun phrase from the **Learn this!** box or exercise 3.

- Jess is _____. She's talking to her cousin in Canada.
- We went _____ to Greece last year. We stayed in a villa by the sea.
- I go _____ every morning with the dogs. We usually walk around the park.
- My cat goes out _____ and sleeps all day.
- Sorry, I can't stop to talk to you now. I'm _____!
- While we were in London, we went _____ to Oxford.
- I took my sister's phone _____ – they look the same.

Unit 9

9G Gadgets

- 1 Match six of the gadgets below with pictures A–C. Check the meaning of all the words.

Blu-ray player camcorder digital camera digital radio
digital photo frame DVD player e-book reader
games console hard disk recorder headphones
laptop mobile MP3 player satnav smart TV
(solar-powered) battery charger tablet wireless speakers



- 2 Read the sentences below. Which gadget is each person talking about?

- 'It connects to the internet so I can watch films and TV programmes online.'
- 'I can record my favourite TV programmes and watch them later. It can store about 100 programmes.'
- 'Dad has one – Mum gave it to him for Christmas. But he never uses it. He prefers to use maps.'
- 'I use them with my smartphone. They're quite small so I can take them anywhere and the sound quality is really good.'
- 'I can store hundreds of books on it. Much easier than carrying them around with me!'

LEARN THIS! Conjunctions

When we join two clauses together, we use a conjunction. Common conjunctions in English include *and*, *but*, *because*, *if*, *even if*, *so*, *or* and *although*.

9H Conjunctions

- 3 Choose the correct conjunction (a–c) to complete the sentences. Use a dictionary to help you if necessary.

- If there were no cars, lorries, vans etc. in the world, ...
- You couldn't travel long distances _____ you went by public transport.
a rather than b so c unless
 - You would probably shop locally _____ going to a big supermarket.
a rather than b although c but
 - The motorways would be empty _____ you could cycle on them safely.
a as b because c so
 - We would eat more food from our local area _____ it would be difficult to transport it from other places.
a so b since c although